



Food and Agriculture Organization  
of the United Nations



## Regional Knowledge Sharing Consultation on Sustainable Agrifood Systems for Food Security and Sustainable Development in the ASEAN Region

# International and Regional Perspectives of Sustainable Agriculture and Food Systems

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# Outline

- I. Definition:
- II. Status and Features: Food Security and Agrifood Systems
- III. Global Trends and Challenges: Implication on Agrifood Systems
- IV. Solutions: Towards Sustainable Agrifood Systems
- V. Enabling Environment for Sustainable Agrifood Systems

# I. Definition: Sustainable Agriculture and Food Systems?

# Sustainable Food Systems

- **Definition of Food Systems:**

“**Food systems** encompass all the people, institutions and processes by which agricultural products are produced, processed and brought to consumers. They also include the public officials, civil society organizations, researchers and development practitioners who design the policies, regulations, programmes and projects that shape food and agriculture” (FAO)

- **Definition of sustainable food system:**

“A **sustainable food system** is a food system that ensures food nutrition and nutrition for all in such a way that the economic, social and environmental bases to generate food security and nutrition for future generations are not compromised.” (HLPE, 2014)

# Sustainable Food Systems

- **Key elements:**
  - **Supply side** policies and measures to strengthen accountability, resilience, and equity within the food system
  - **Demand side** policies and measures for increasing access and empowering consumers to choose healthy diets.

# Zero Hunger

**SDG2: “End hunger, achieve food security and improved nutrition, and promote sustainable agriculture” by 2030**

SDG 2.1: End hunger

SDG 2.2: End all forms of malnutrition

SDG 2.3: Double agricultural productivity and incomes of small-scale food producers

**SDG 2.4: Ensure sustainable food systems**

SDG 2.5: Maintain genetic diversity



## **II. Status and Feature: Food Security and Agrifood System**

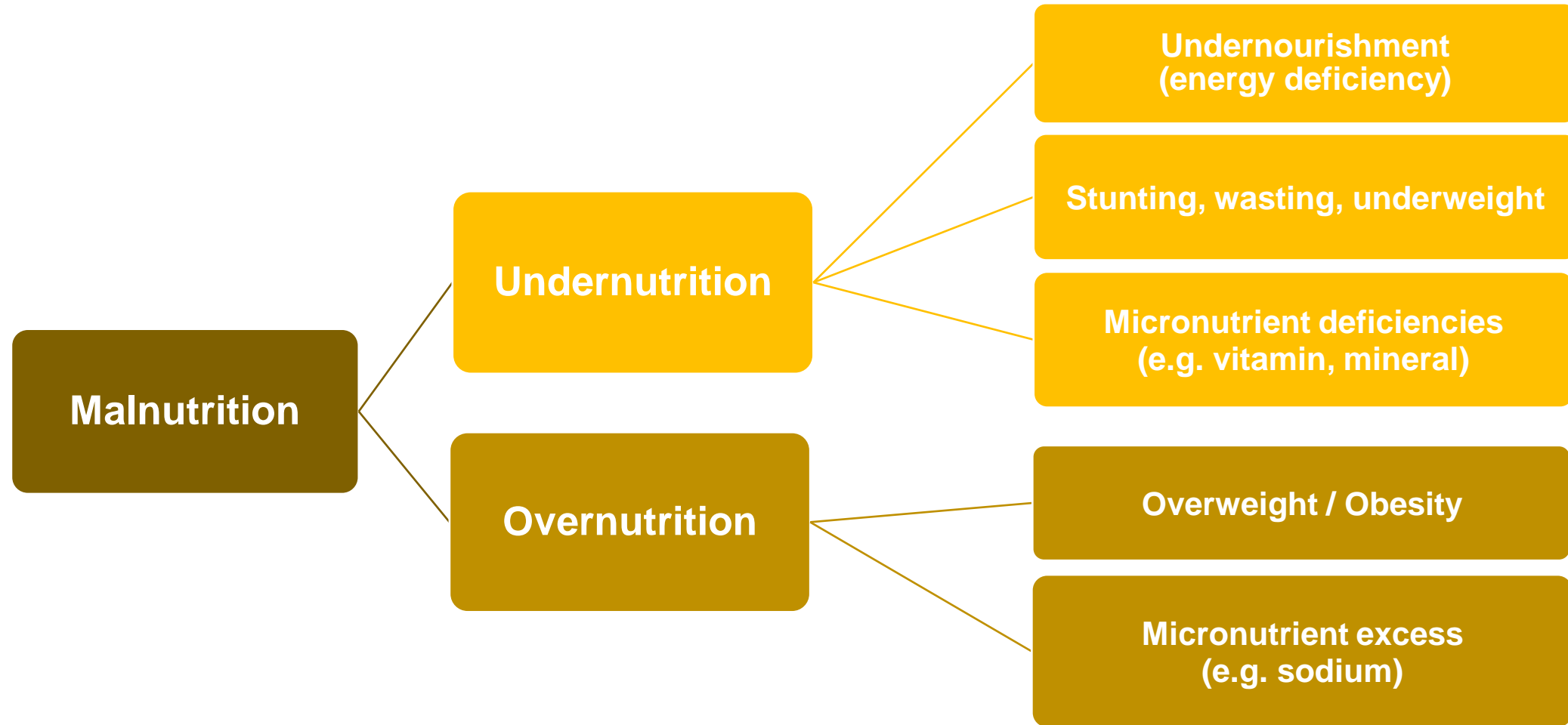
**2.1 Status: Food Security**

**2.2 Features: Agrifood system**

## 2.1 Food Security

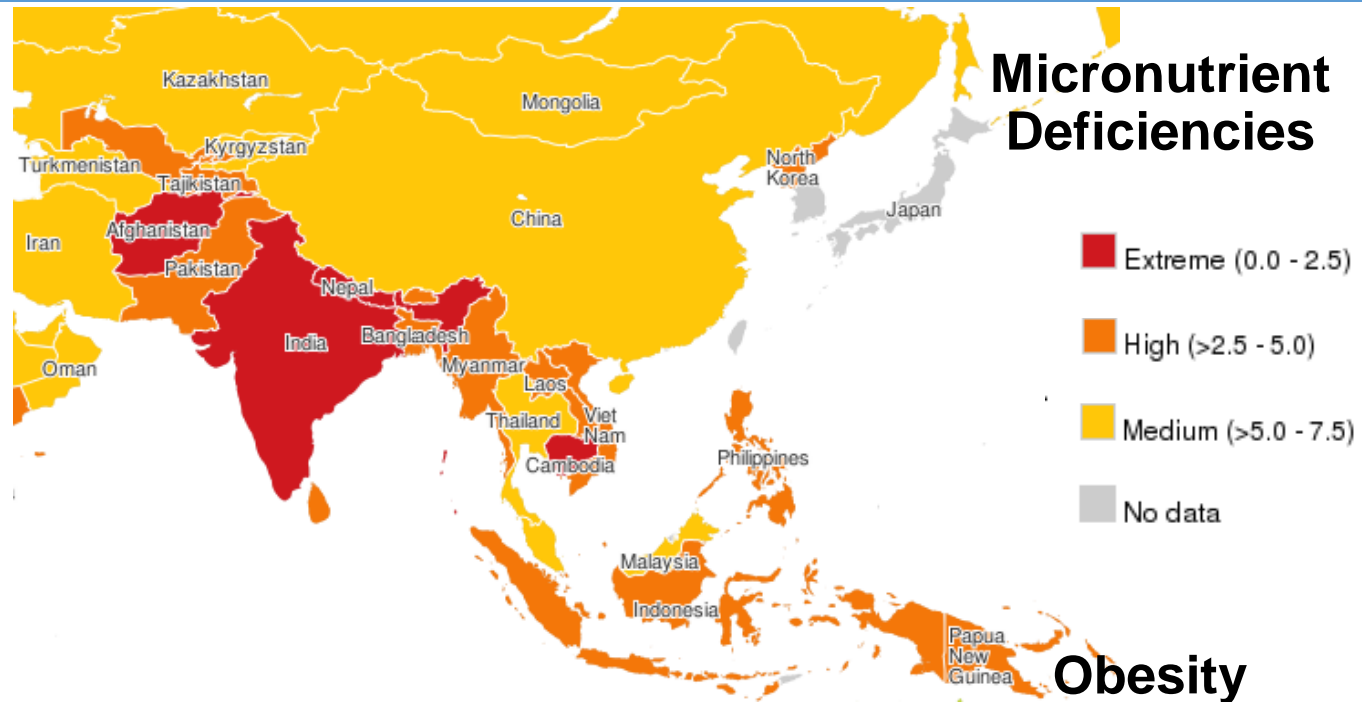
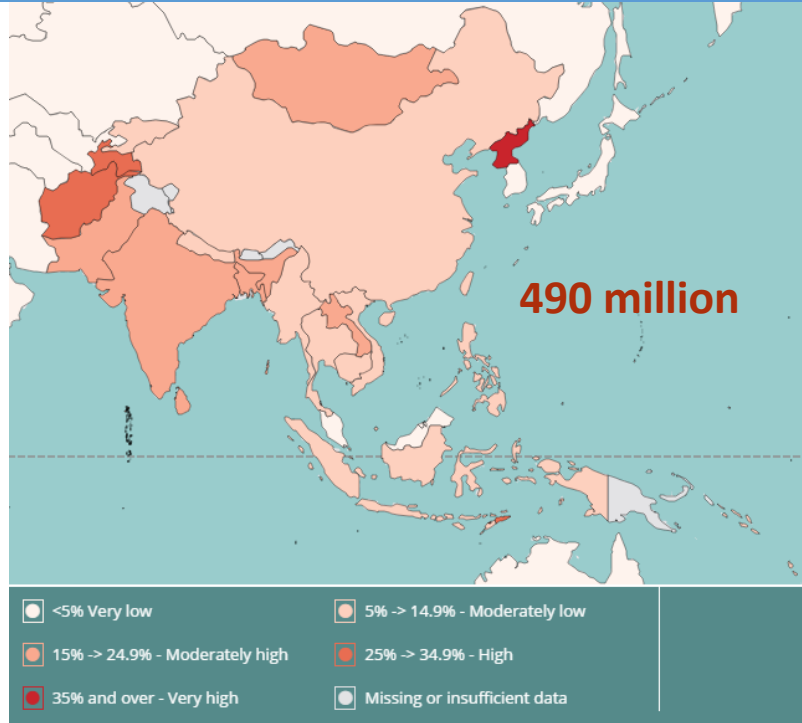


# Hunger and Malnutrition



# Hunger and Malnutrition in Asia & Pacific

## Hunger

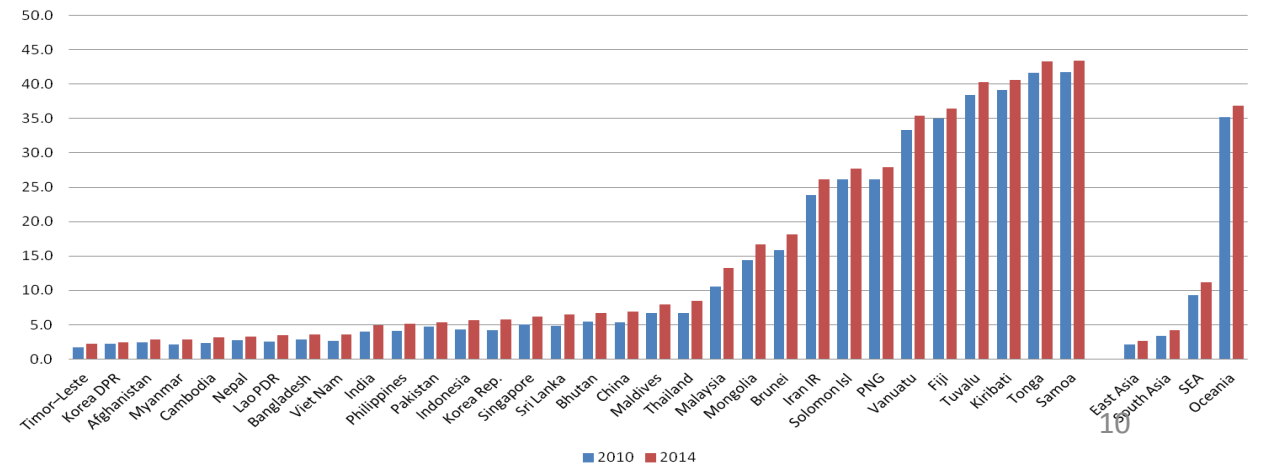
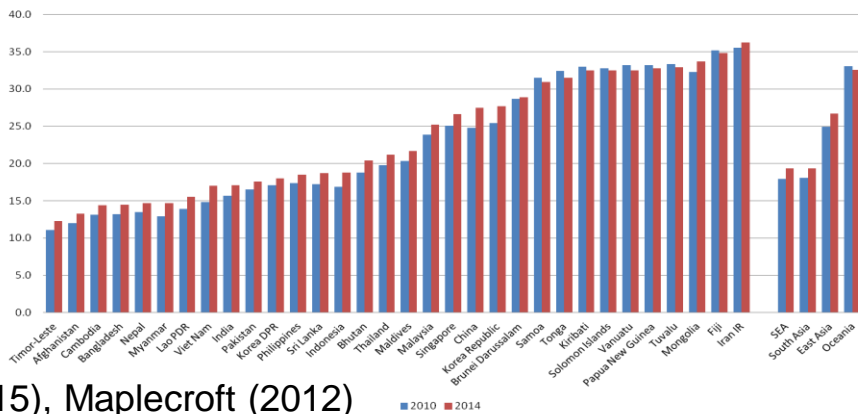


## Obesity

Prevalence of obesity (BMI>=30), in %

## Overweight

Prevalence of overweight (BMI>=25 to <30), in %



11/05/2017

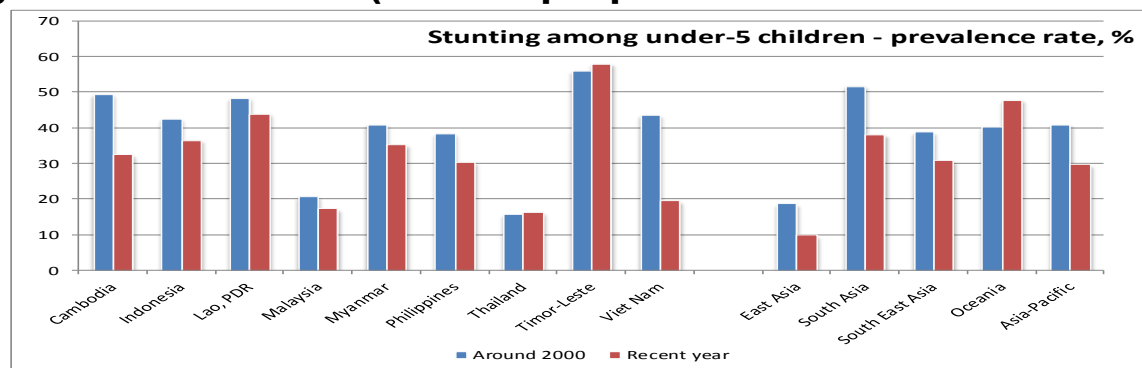
Sources: WHO (2015), Maplecroft (2012)

# Prevalence of Stunting, Wasting and Underweight in the Region

## Among under-5 children (in % as proportion of total under-5 children)

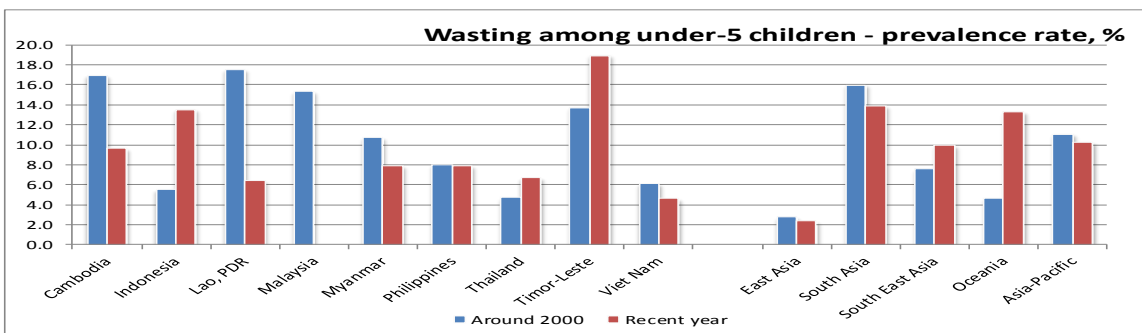
Stunting prevalence among under-5 children, %

	Around 2000	Recent year	Reduction rate % p.a.
Cambodia	49	32	3.0
Indonesia	42	36	1.2
Lao, PDR	48	44	0.9
Malaysia	21	17	2.7
Myanmar	41	35	1.7
Philippines	38	30	1.6
Thailand	16	16	-0.6
Timor-Leste	56	58	-0.5
Viet Nam	43	19	6.4
East Asia	19	10	
South Asia	52	38	
South East A	39	31	
Oceania	40	48	
Asia-Pacific	41	30	



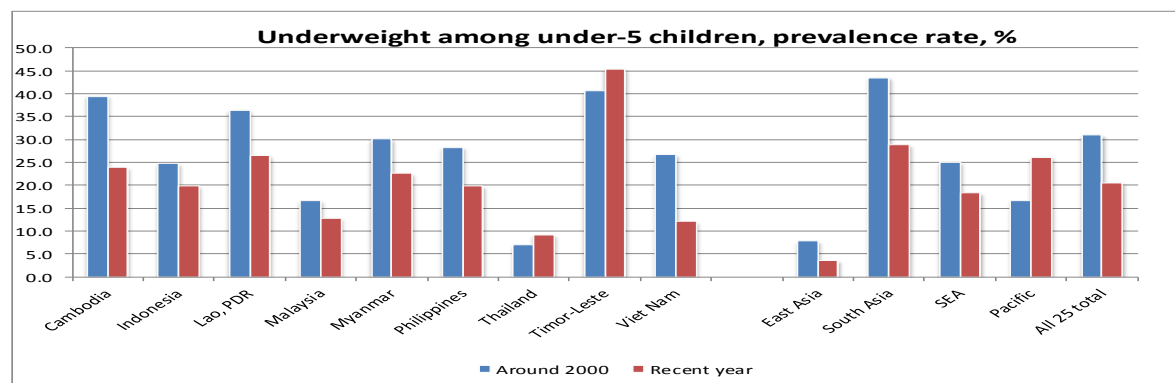
Wasting prevalence among under-5 children, %

	Around 2000	Recent year	Reduction rate % p.a.
Cambodia	16.9	9.6	4.1
Indonesia	5.5	13.5	-6.7
Lao, PDR	17.5	6.4	9.6
Malaysia	15.3		
Myanmar	10.7	7.9	3.4
Philippines	8.0	7.9	0.1
Thailand	4.7	6.7	-5.7
Timor-Leste	13.7	18.9	-4.5
Viet Nam	6.1	4.6	2.2
East Asia	2.7	2.3	
South Asia	16.0	13.9	
South East A	7.5	9.9	
Oceania	4.6	13.3	
Asia-Pacific	11.0	10.2	



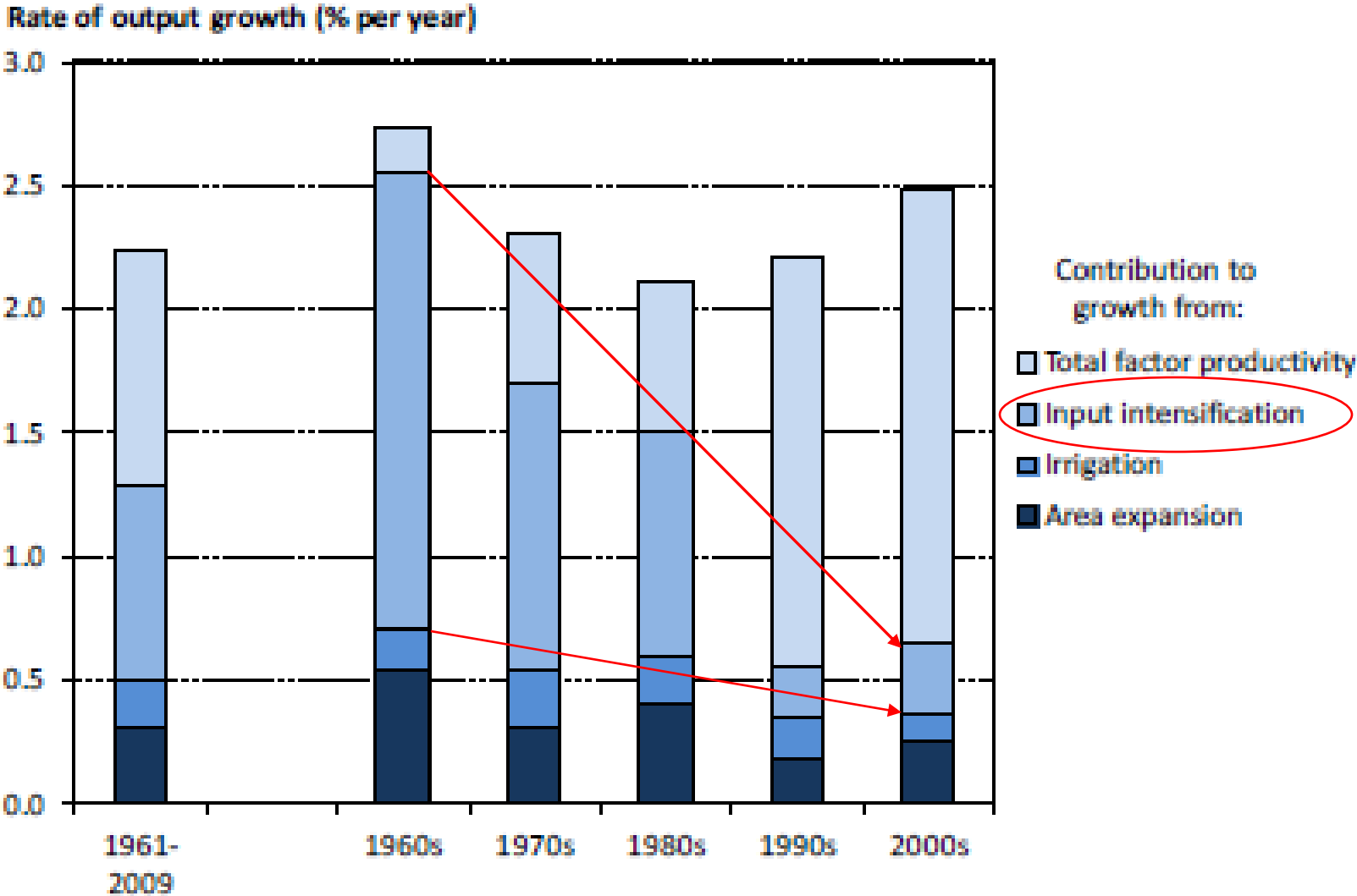
Underweight prevalence among under-5 children, %

	Around 2000	Recent year	Reduction rate % p.a.
Cambodia	39.5	23.9	3.7
Indonesia	24.8	19.9	1.7
Lao, PDR	36.4	26.5	2.9
Malaysia	16.7	12.9	3.8
Myanmar	30.1	22.6	3.2
Philippines	28.3	19.9	2.4
Thailand	7.0	9.2	-4.5
Timor-Leste	40.6	45.3	-1.6
Viet Nam	26.7	12.1	6.3
East Asia	7.8	3.6	
South Asia	43.5	28.8	
SEA	25.1	18.3	
Pacific	16.8	26.2	
All 25 total	31.0	20.6	



## 2.2 Agrifood System

# 2.2.1. Agriculture Growth Sources

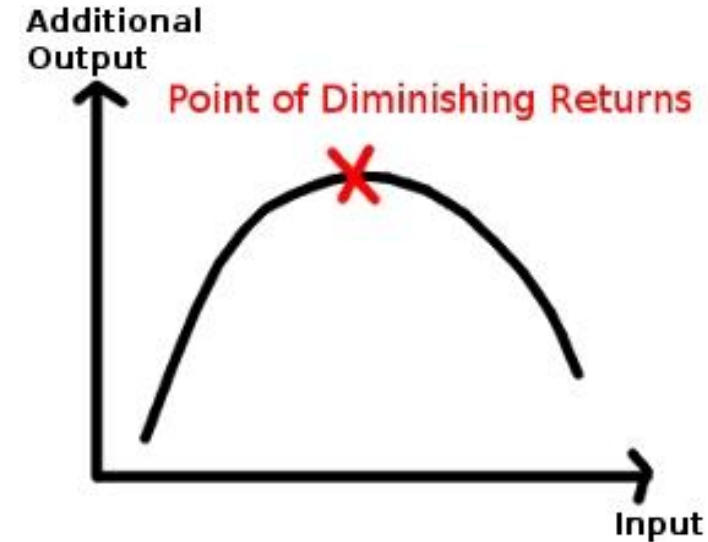


# Inputs-Intensive Crop Production

## High input-intensity Crop production



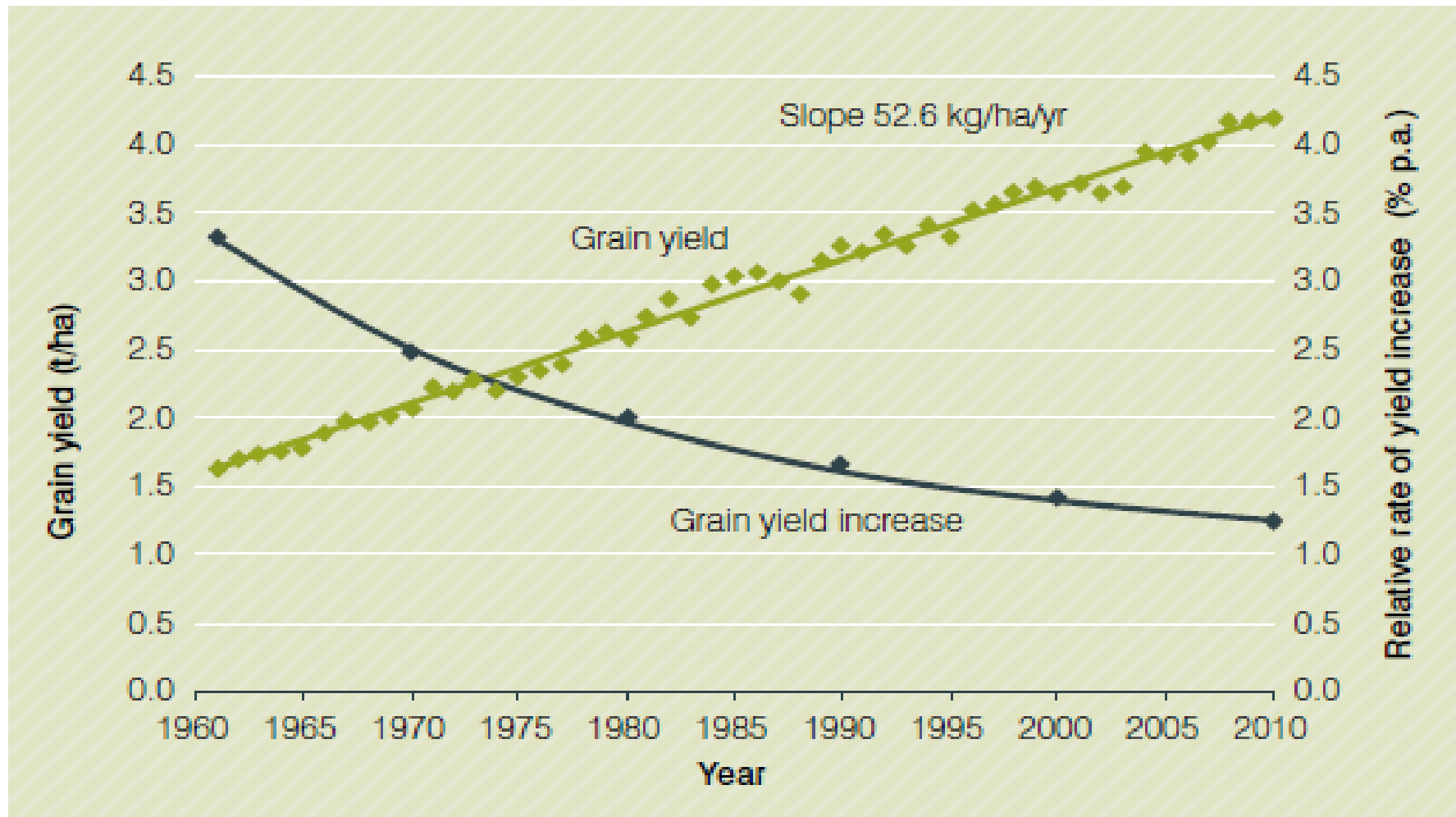
## Green Revolution



- Negative impact on the environment: pollution, deforestation, degradation, desertification, soil erosion and salinsation, antibiotic resistance etc
- Monoculture depletes the land of its nutrients.

- Farm yields are approaching their economic upper limits in highly productive areas.
- In major irrigated wheat, rice, and maize systems, yields appear to be near 80% of the yield potential.

# World Yield of Wheat, Rice and Maize and Annual Relative Rate of Yield Increase (1960 – 2010)



Source: FAOSTAT (2013)

# Negative Impact of Inputs-Intensive Crop Production

## Many systems of food production are unsustainable:

- Overuse of **chemicals and technology** inherent in the **high use of fossil fuel-derived energy** for synthesis of nitrogen fertilisers and pesticides
- Environmental pollution and human health issues
- **Excess use of fertilisers** with their run-off of nitrogen and phosphates damages water resources
- **Substantial quantities of greenhouse gases** and other pollutants contributing to climate change
- **Soil degradation** of intensive farming eroding the overall base of agriculture – history of earth abuse and soil erosion.
- Cropped areas increasingly advancing into marginal lands prone to erosion.
- Poorly designed and implemented irrigation systems that **cause water-logging, salinisation and alkalisation of soils.**
- Depleted commercial fisheries, endangered bird species and extinct insects that preyed on pests; and an **increase in insect-resistant pest species.**

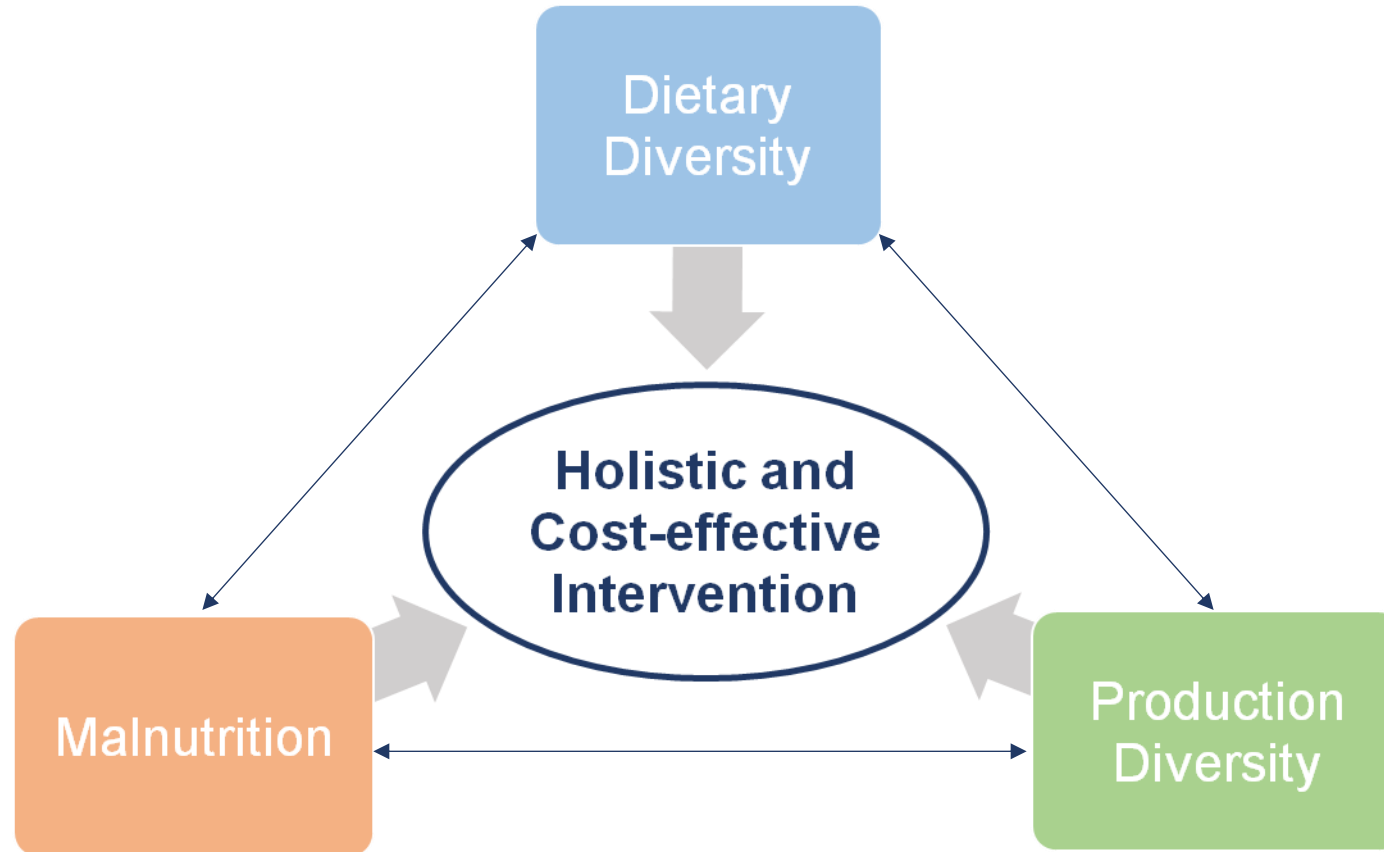


# Potential Availability of Uncultivated Land Around 2010 in Different World Regions with Suitability to Crop Production

World region	Current cropland area (Mha)	Uncultivated area suited to crop production (Mha) <sup>a</sup>
Sub-Saharan Africa	221	201
Latin America and Caribbean	164	123
Eastern Europe and Central Asia	254	52
East and South Asia	454	15
Middle East and northern Africa	97	3
Rest of world	360	52
(of which, Australia)	(46) <sup>b</sup>	(26) <sup>b</sup>
<b>World total</b>	<b>1,550</b>	<b>446</b>

## 2.2.2 Disconnect in Food System

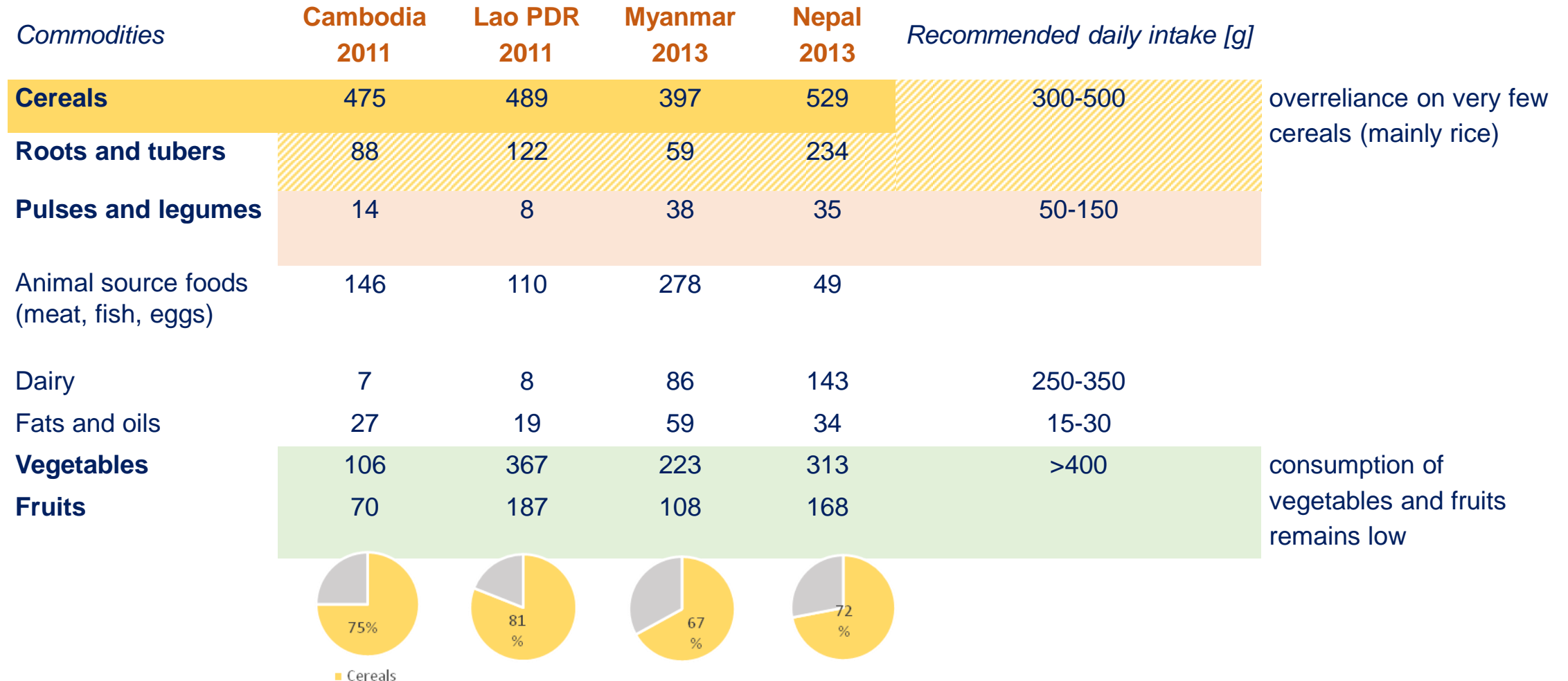
Gaps: Disconnect between malnutrition, dietary diversity and production diversity



A leading cause of persistent malnutrition is poor dietary diversity (poor quality and variety of food in the diet).

# Low Dietary Diversity

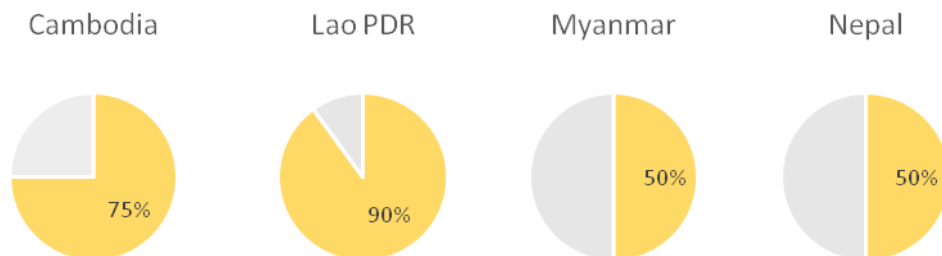
Food supply in g per capita per day for a standard person of 70 kg body weight (2,000 kcal)



# Low Production Diversity

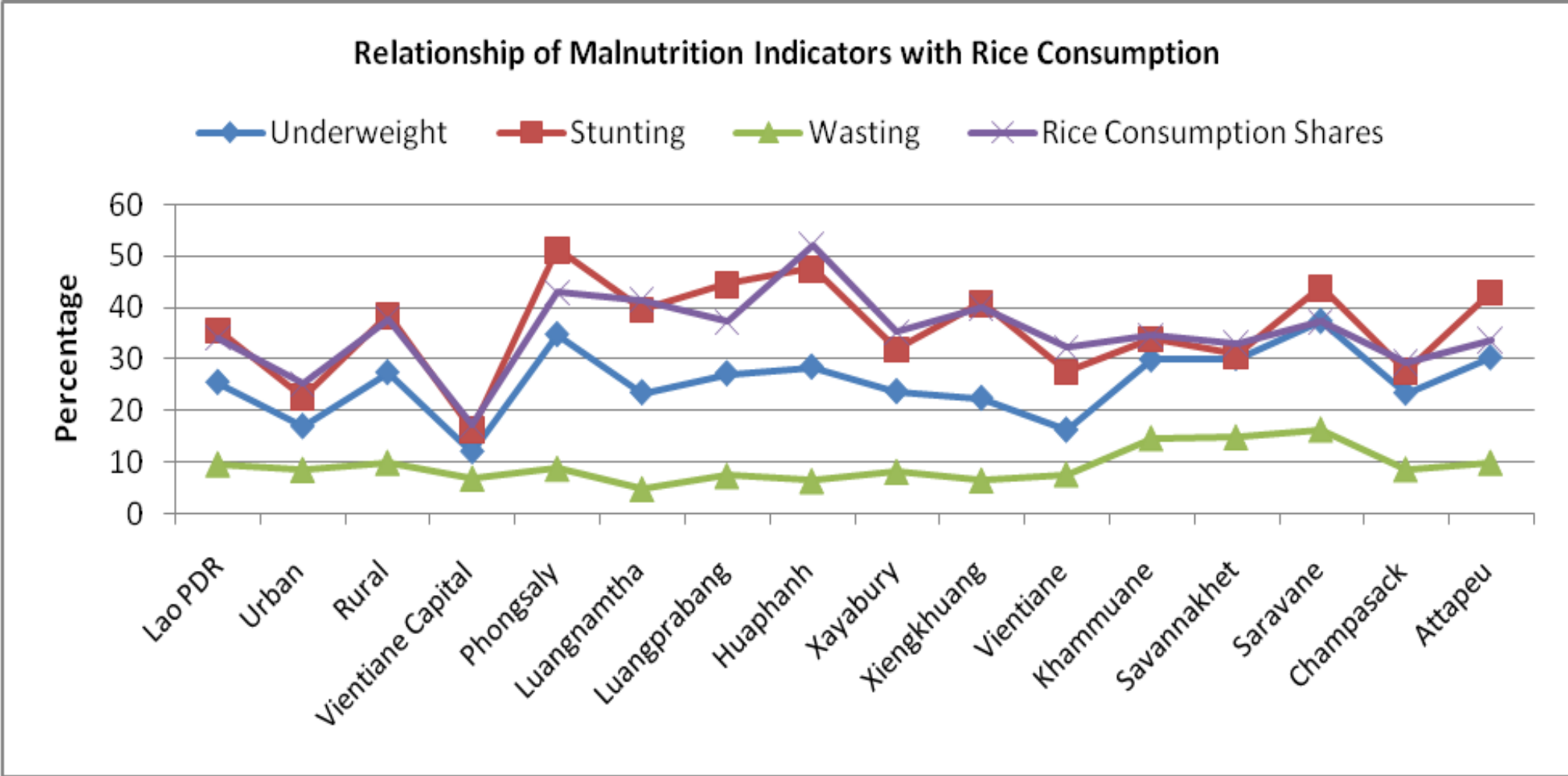
Myanmar 2012		Nepal 2012		Lao PDR 2012		Cambodia 2012	
Commodities	Production (MT)	Commodities	Production (MT)	Commodities	Production (MT)	Commodities	Production (MT)
Rice, paddy	28 080 000	Rice, paddy	5 072 248	Rice, paddy	3 489 210	Rice, paddy	9 290 940
Sugar cane	10 000 000	Vegetables	3 298 816	Maize	1 125 485	Cassava	7 613 697
Vegetables	4 000 000	Sugar cane	2 930 047	Cassava	1 060 880	Maize	950 909
Beans, dry	3 900 000	Potatoes	2 584 301	Sugar cane	1 055 675	Vegetables	628 000
Maize	1 500 000	Maize	2 179 414	Vegetables	910 085	Sugar cane	573 771

Total of agricultural households growing rice [%]



Monoculture

# Correlation: Malnutrition and Rice Consumption in Lao PDR



# Features in Current Agrifood System

- Input-intensive production mode unsustainable
- Disconnect of malnutrition, dietary and production diversity

## **III. Global Trends and Challenges: Implication on Agrifood Systems**

**3.1 Global Trends: Growing Demand**

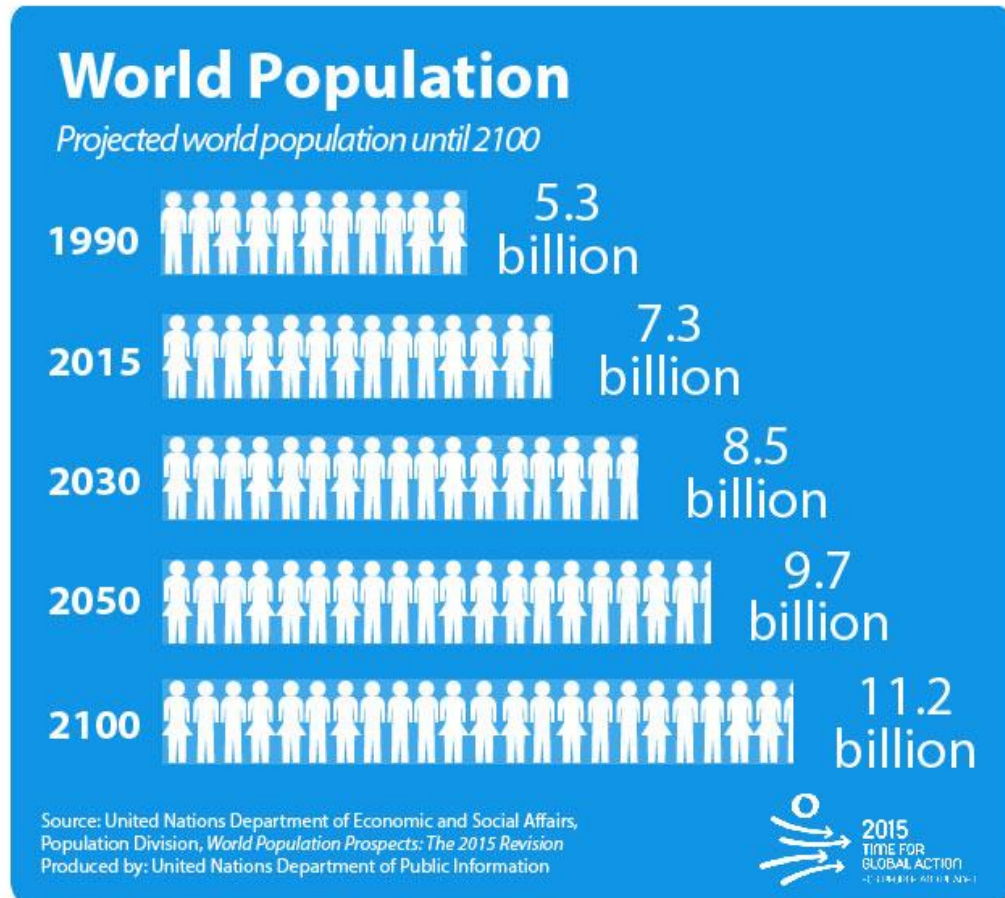
**3.2 Global Challenges: Supply Constrains**

**3.3. Implications**

## 3.1 Global Trends: Growing Demand



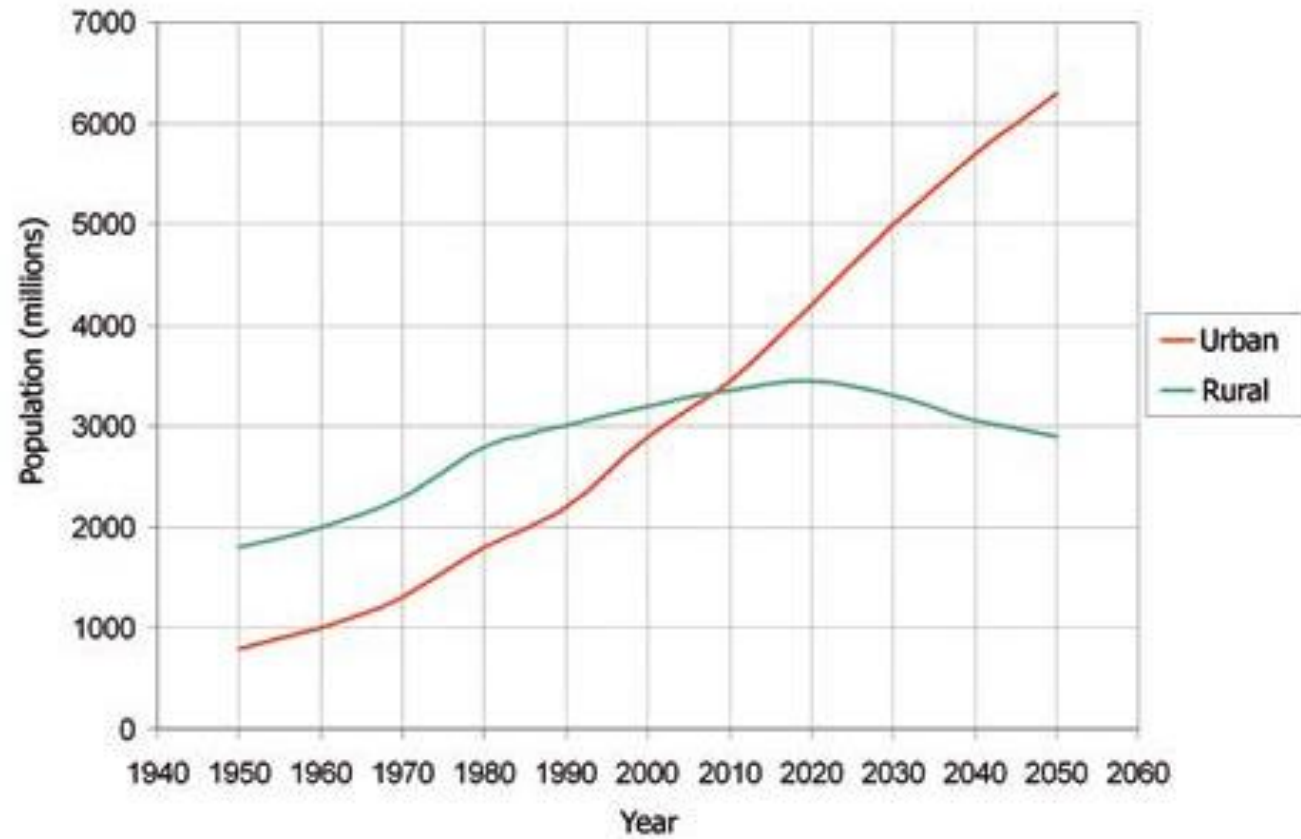
# Population Growth



## Implication:

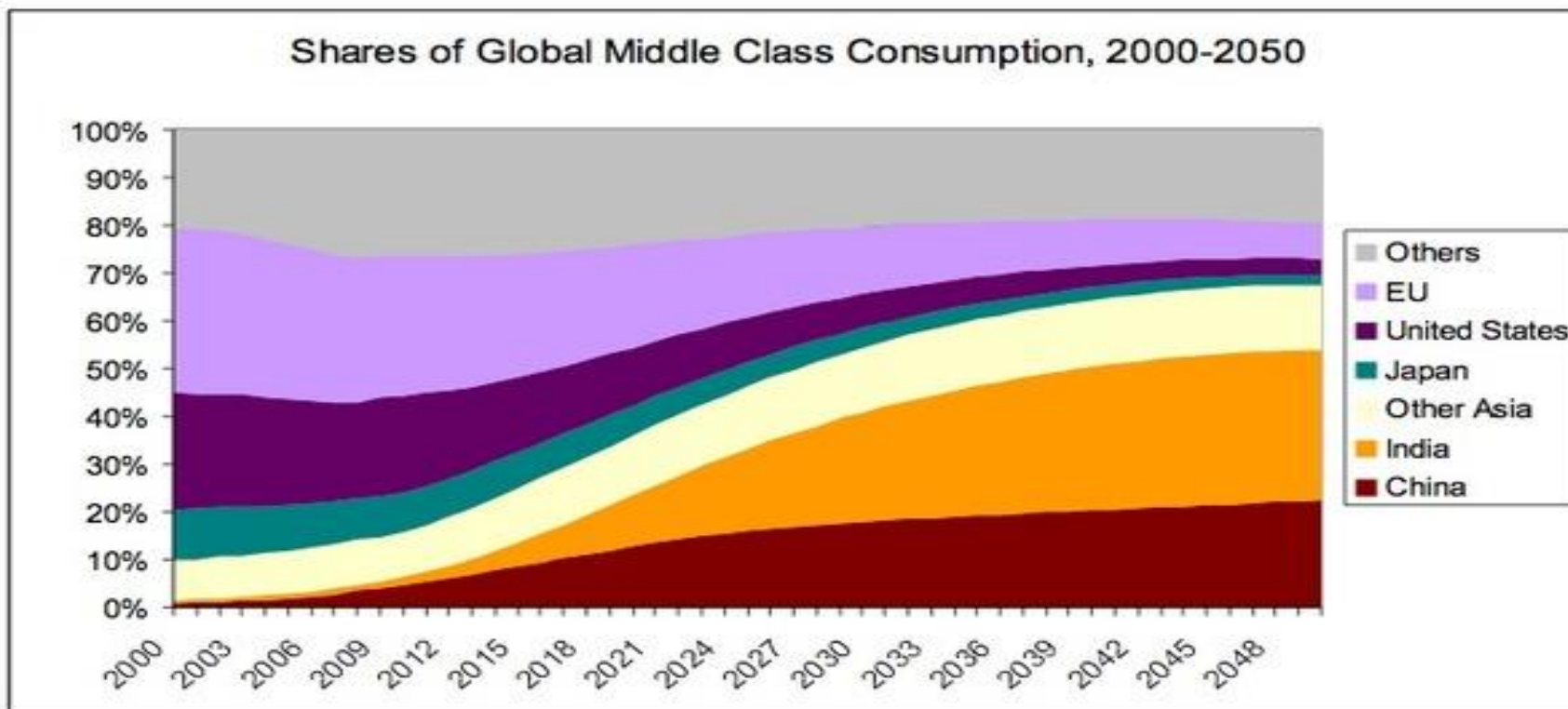
- A 30% increase in global population would require a **60-70% increase in production** to feed a projected 9.7 billion in 2050.
- Competition for increasingly scarce land, water and energy resources will intensify.

# Urbanisation



# Rising Income

- Rising income leads to changing dietary patterns towards other cereals than rice, more meat and dairy products

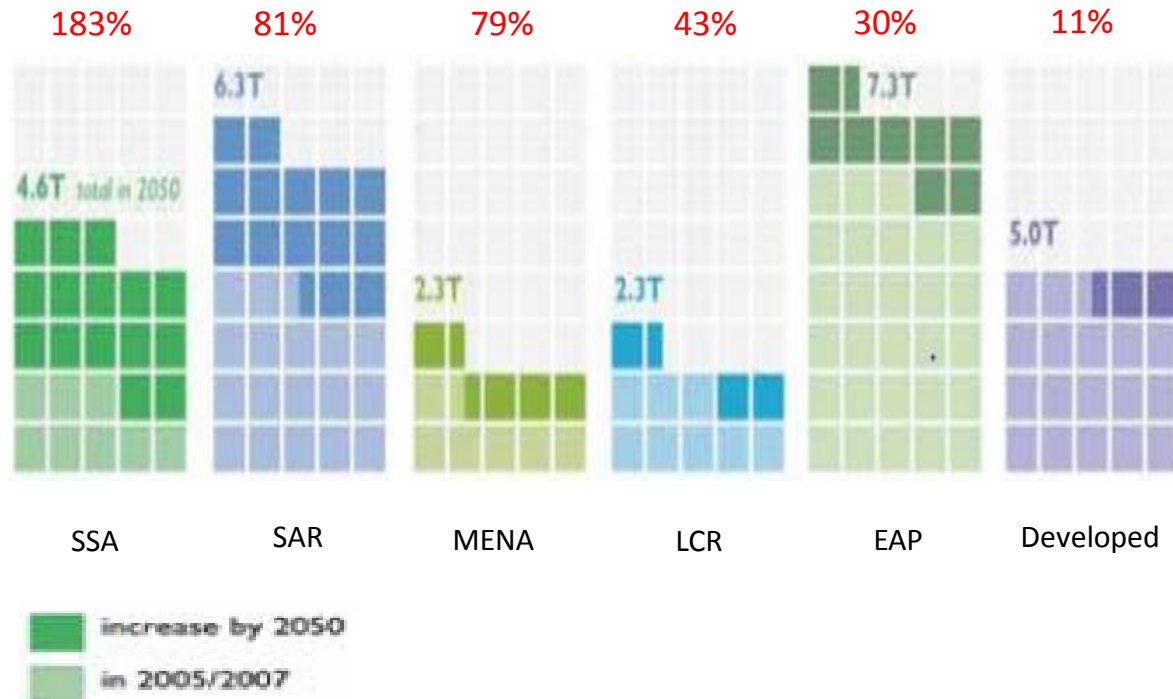


# How to Feed 9 Billion People in 2050

## Changing Consumption

### Food Consumption by Region 2005/07 vs 2050

Percentage Increase 05/07 – 2050



## Changing Diets

Demand for animal protein is increasing.



Source: PBL, 2009

**Big Facts**  
[ccaafs.cgiar.org/bigfacts](http://ccaafs.cgiar.org/bigfacts)

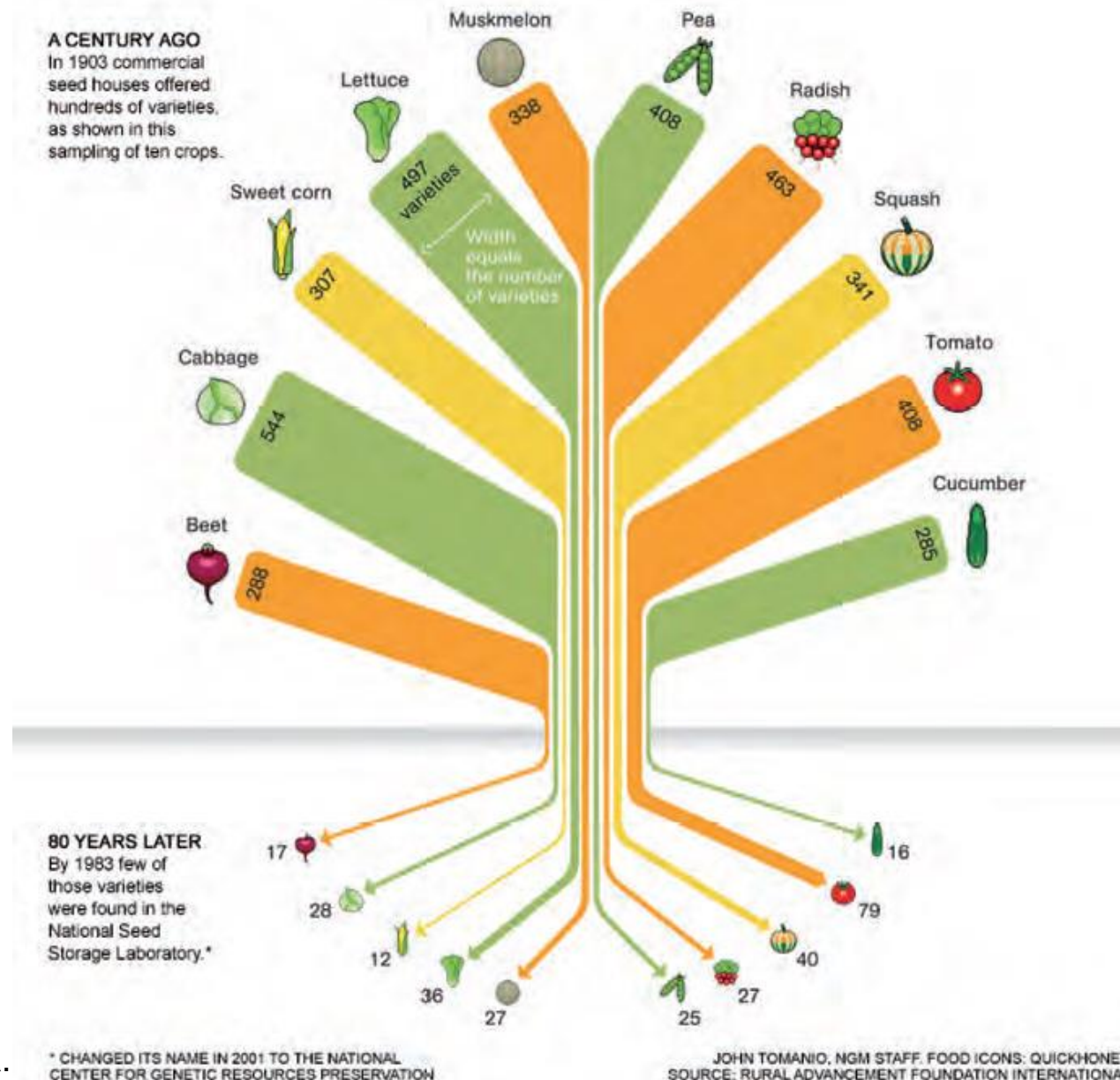


RESEARCH PROGRAM ON  
 Climate Change,  
 Agriculture and  
 Food Security



## 3.2 Global Challenges: Supply Constrains

## 3.2.1. Declining Agricultural Diversity



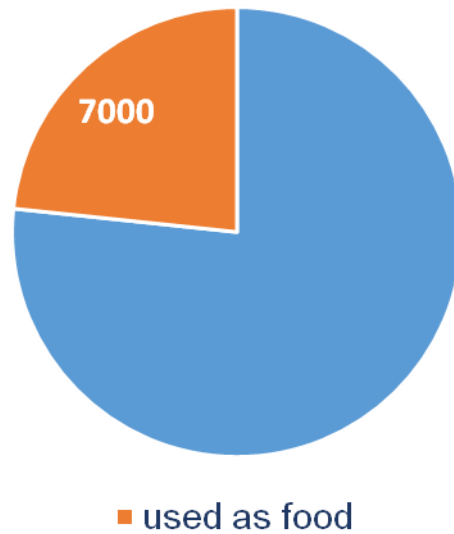
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Source: NGM.com using RAFI data.

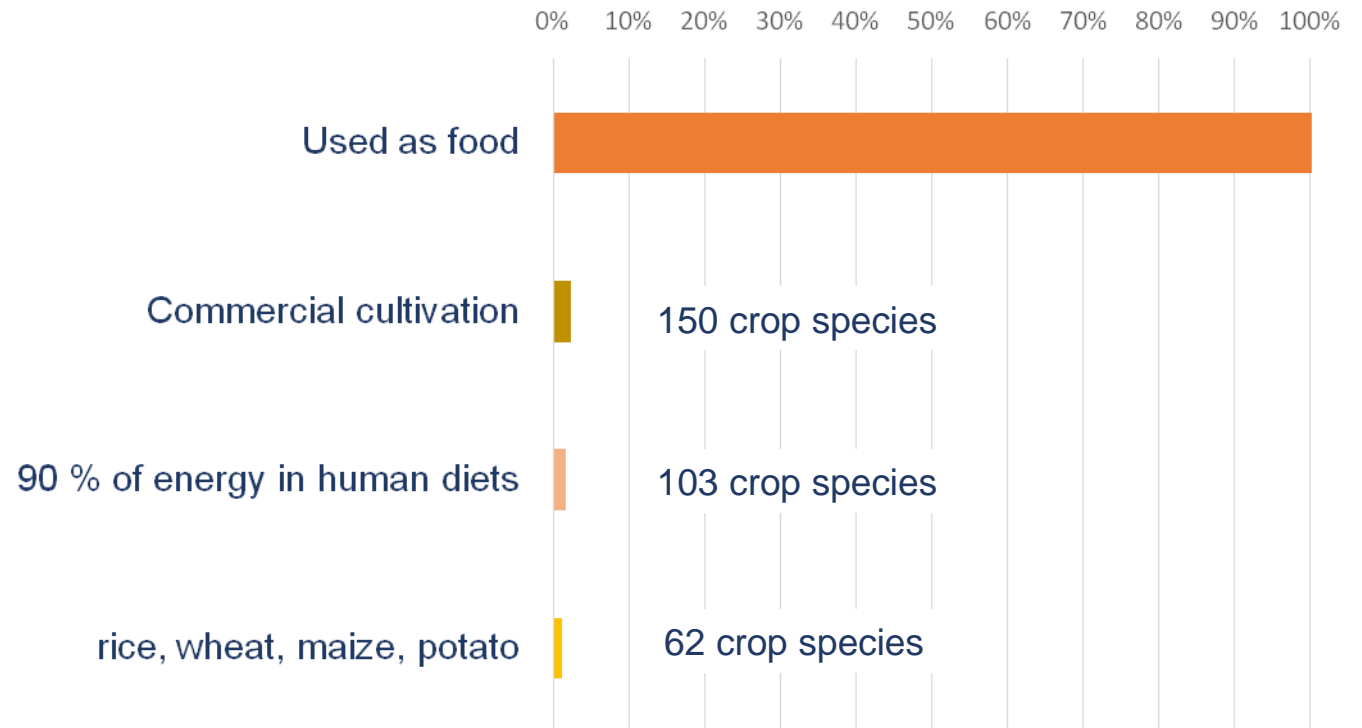
# Over-Reliance on Staple Crop

30,000 edible plant species have been identified globally, of which 7,000 crop species have been used as food.

### Globally Identified Edible Plant Species

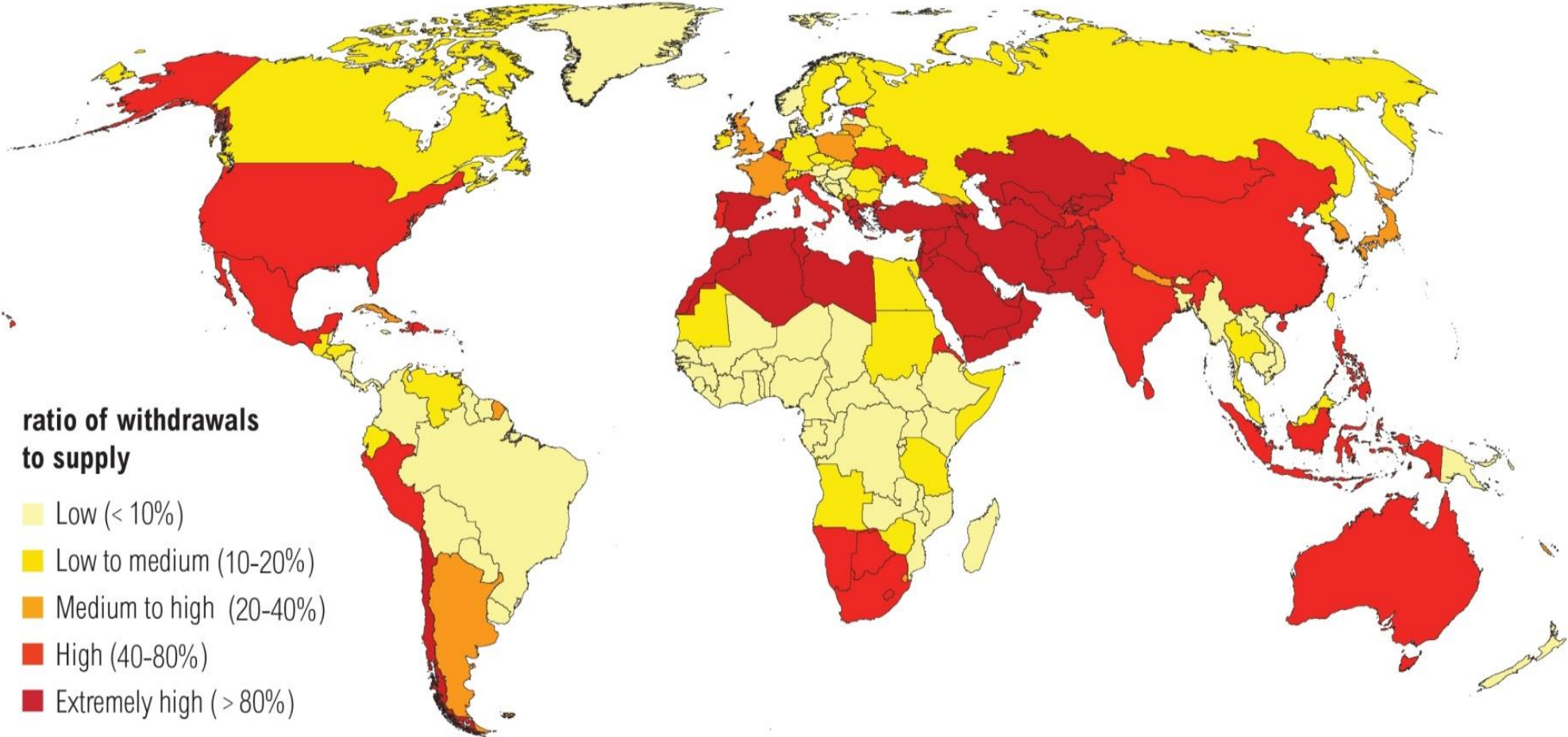


### Crop Species Used in Human Diets



# 3.2.2 Water Stress

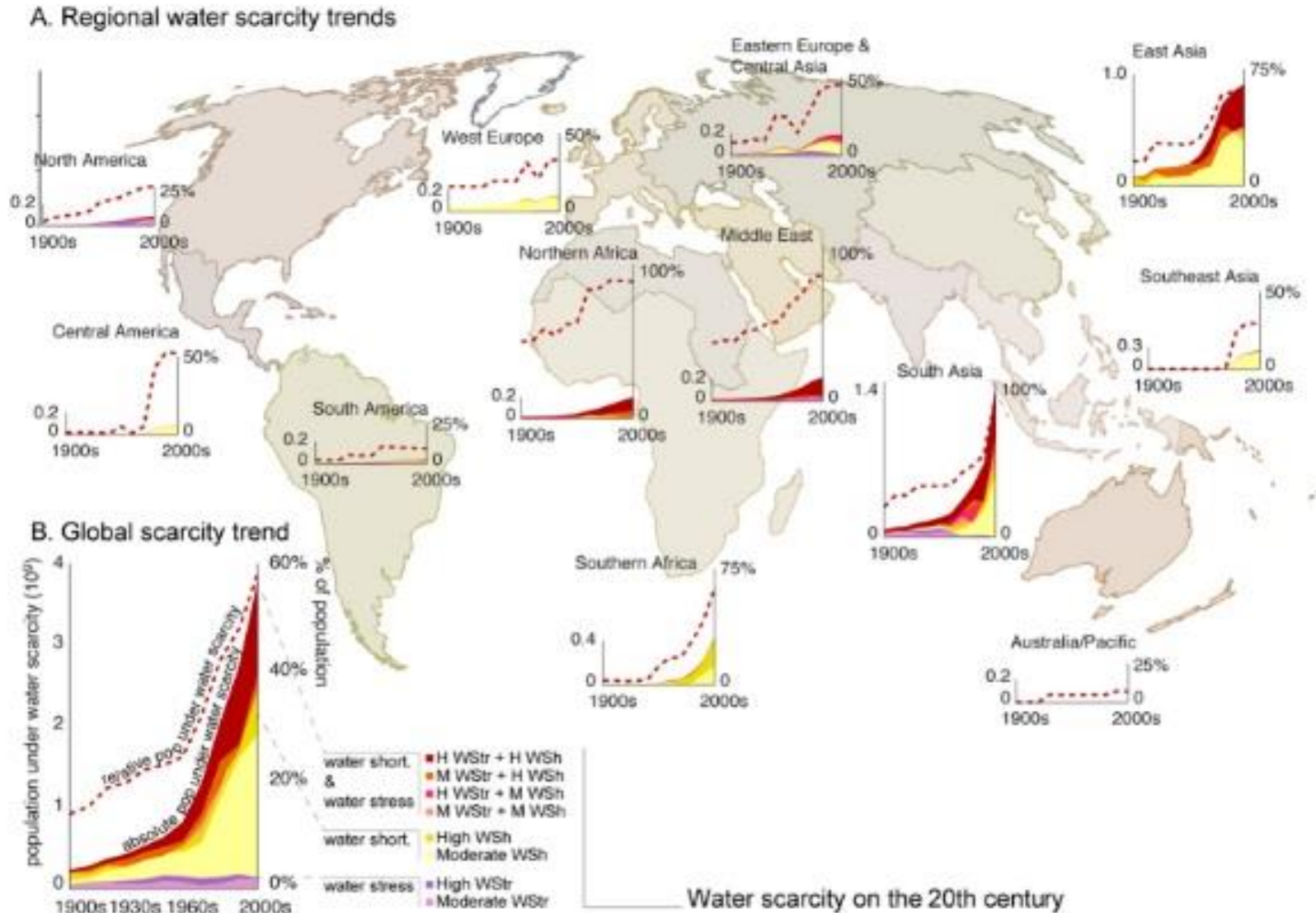
## Water Stress by Country: 2040



11/05/2017  
Sources: FAO (2016), World Resources Institute (2015)

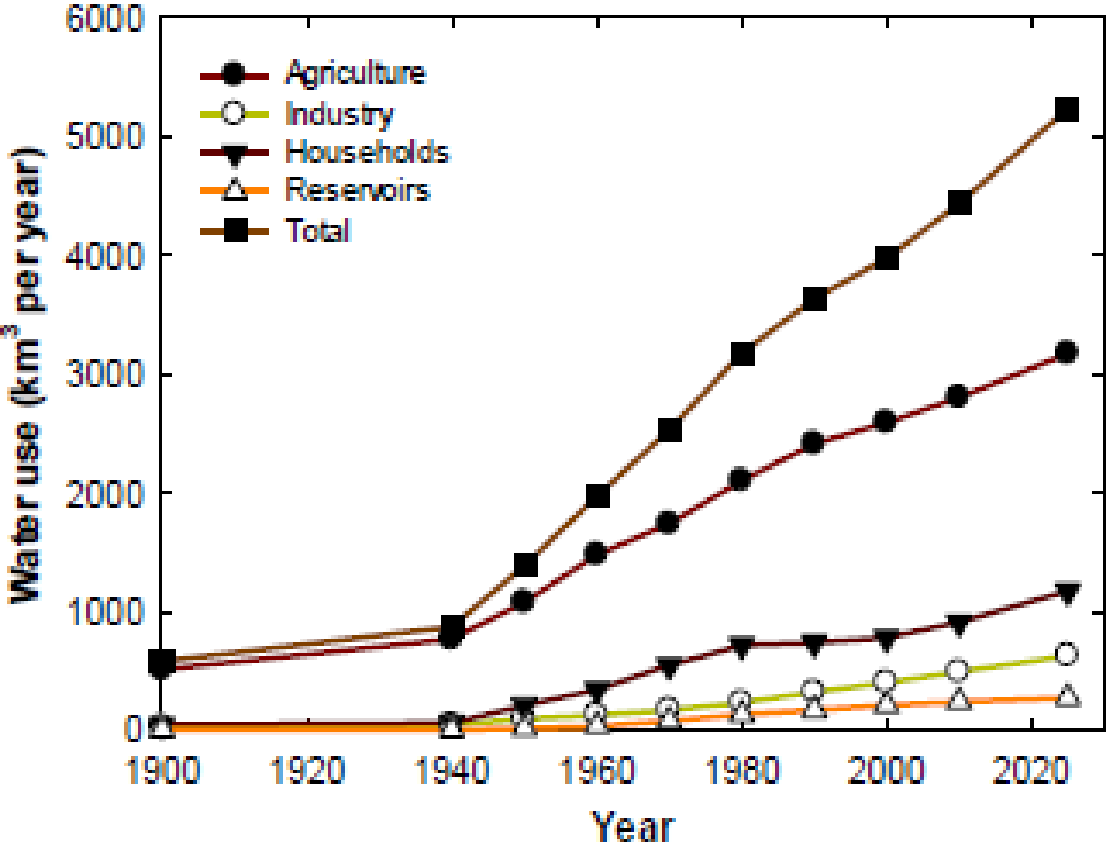
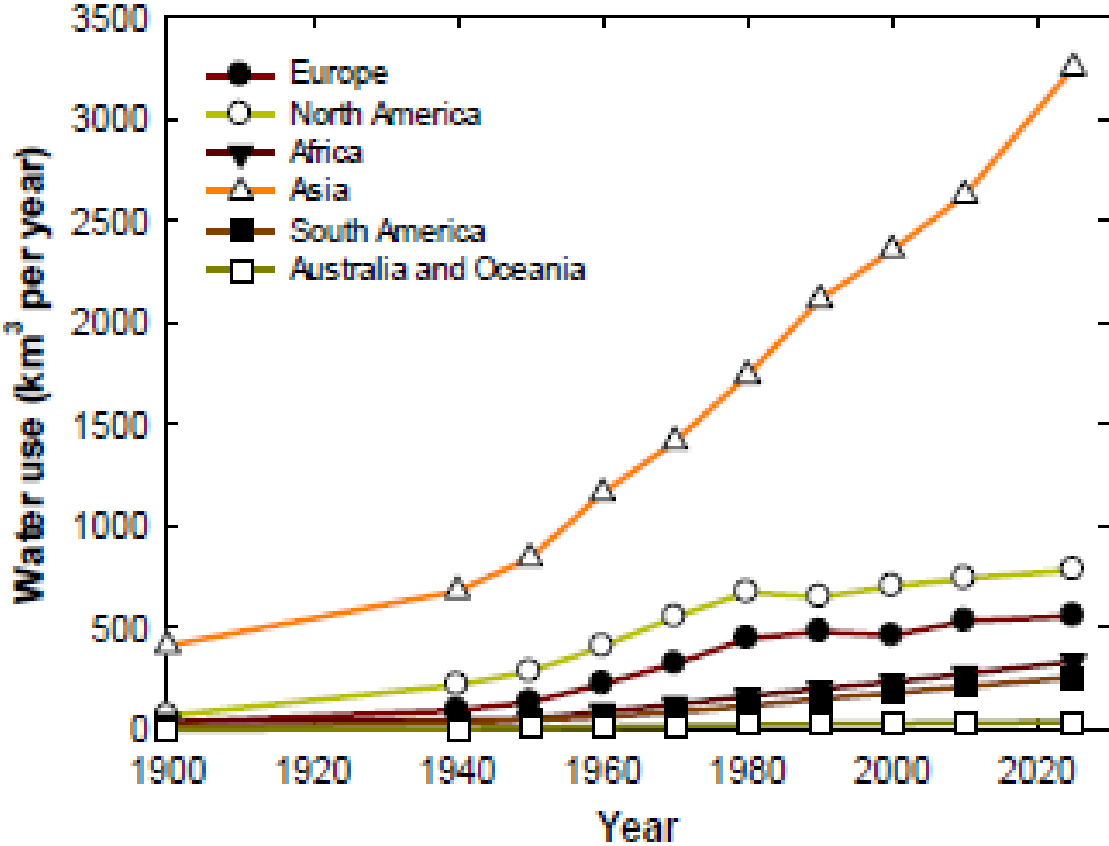


# Asia: Regional Water Scarcity Trends



# Low Water Efficiency

Global Freshwater Use by Regions and Sectors

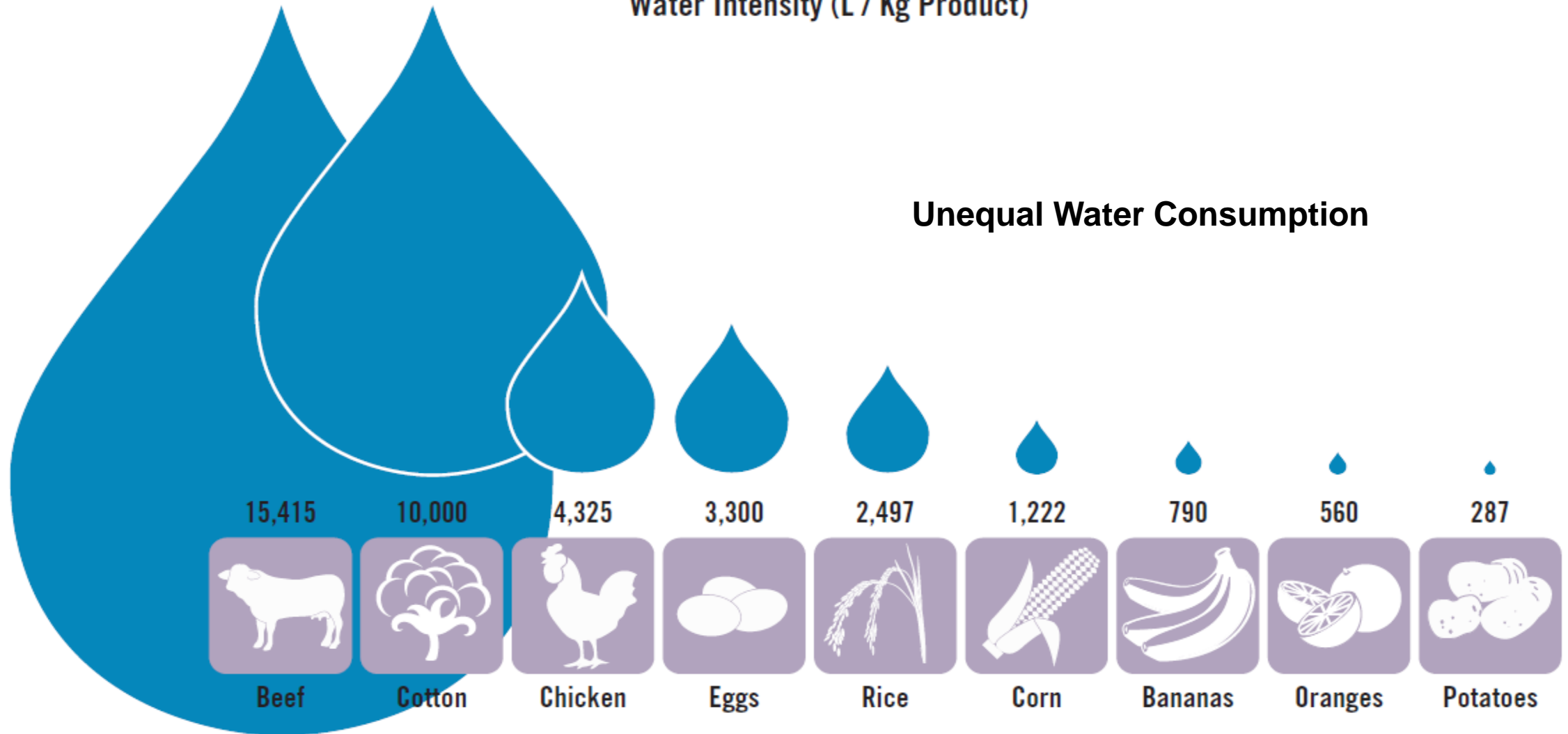


Source: UNESCO, I. Shiklomanov

# Water Intensity

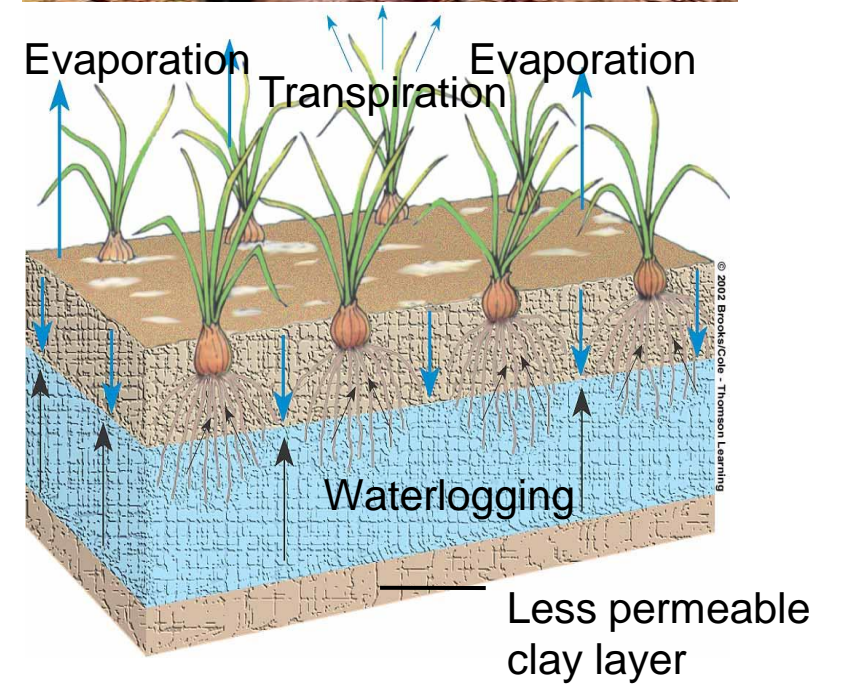
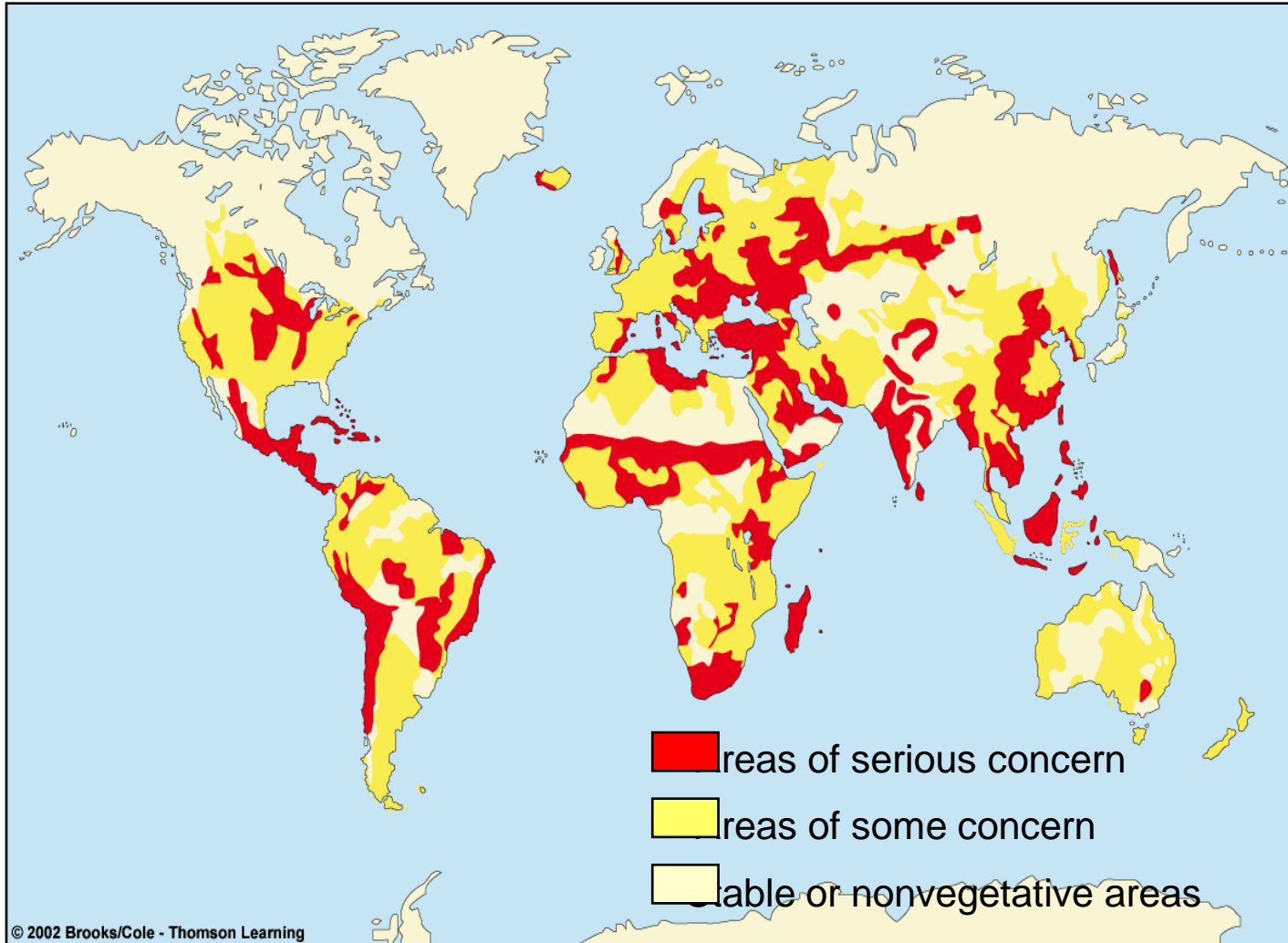
Water Intensity (L / Kg Product)

## Unequal Water Consumption

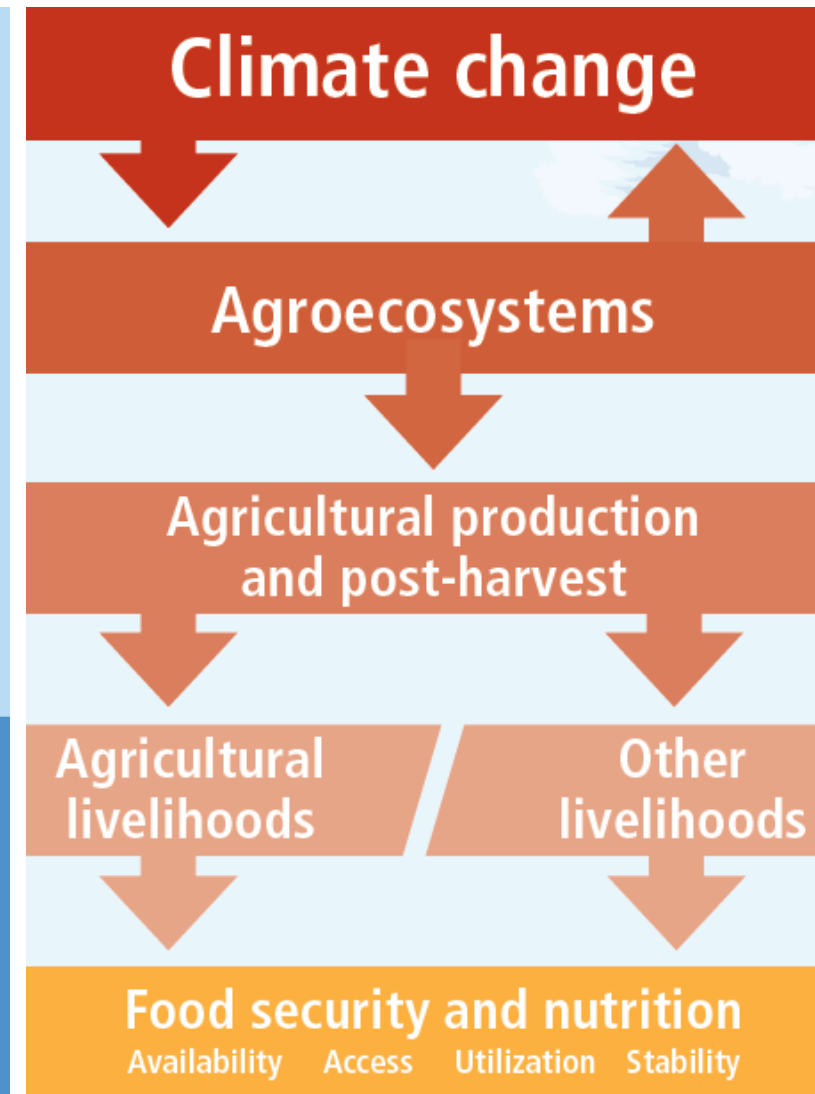
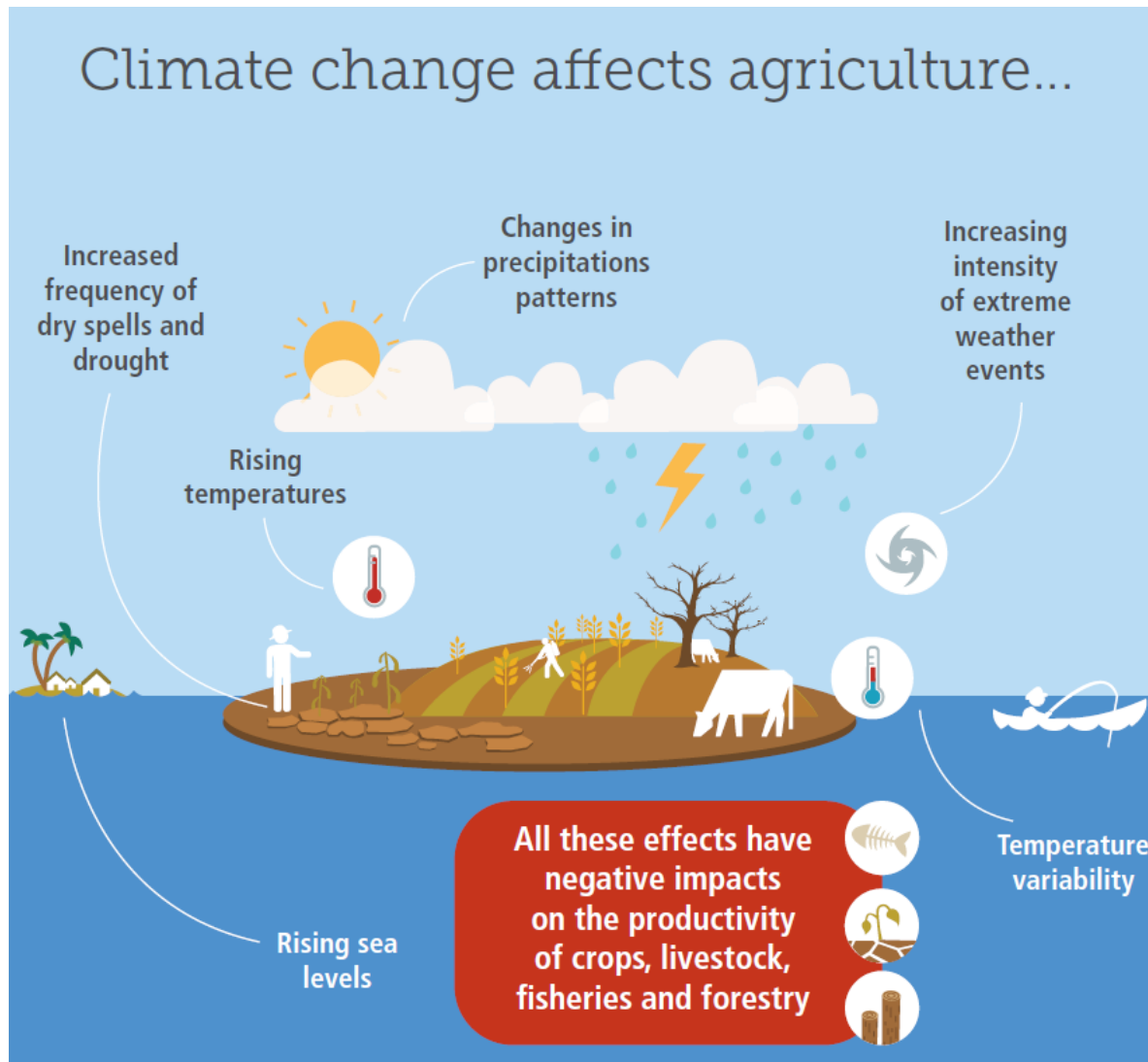


Source: Water Footprint Product Gallery, Water footprint Network, <http://www.waterfootprint.org/?page=files/productgallery>

## 3.2.3 Global Soil Erosion and Degradation



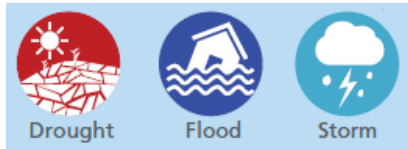
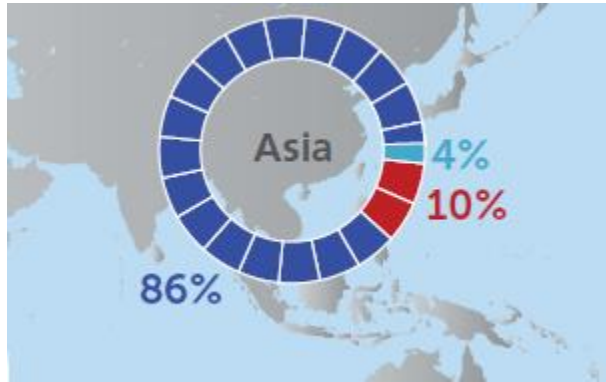
## 3.2.4. Climate Change



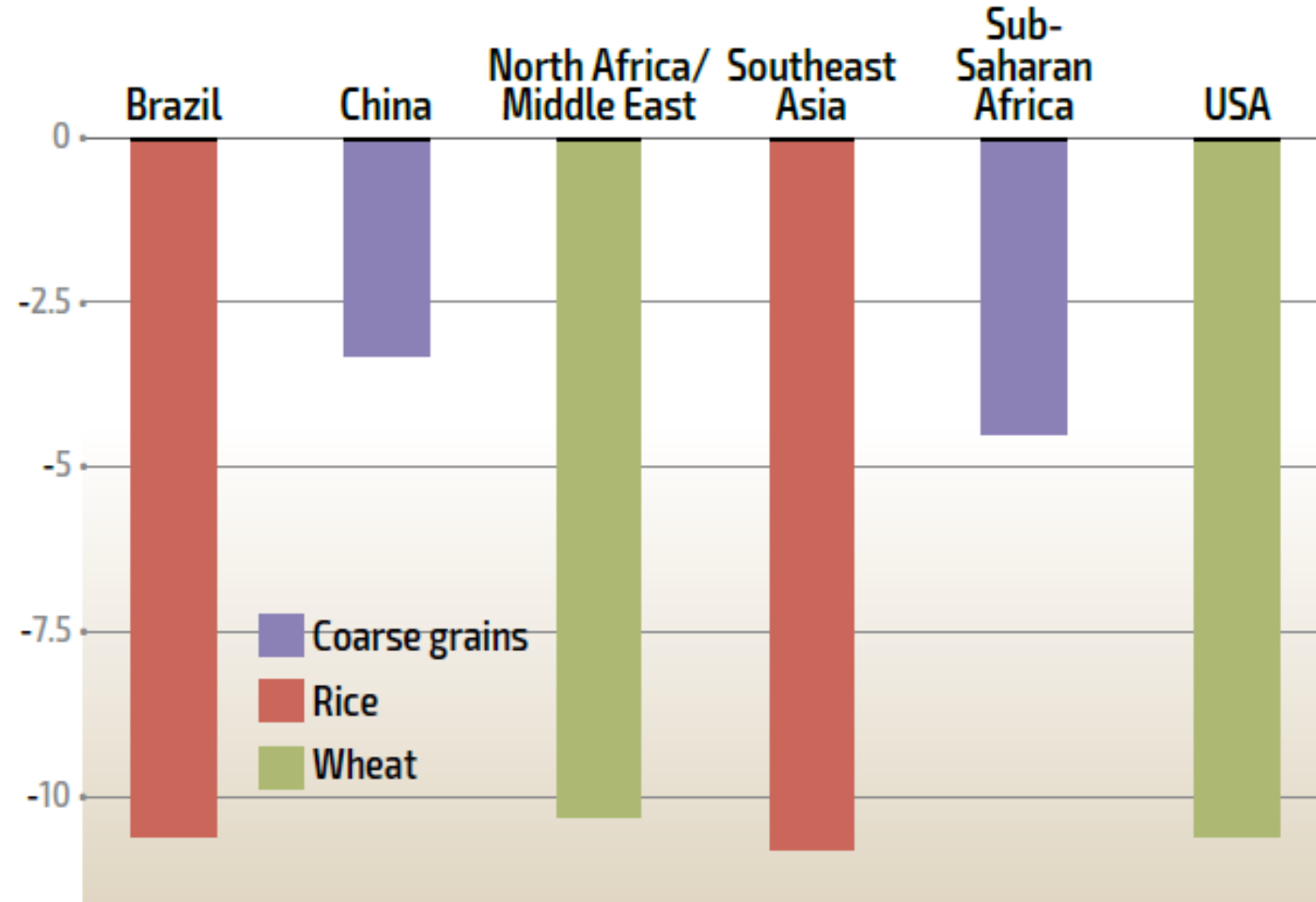
# Projected Climate Change impact on Cereal Yield (2050)

Projected declines in cereal yields owing to climate change in 2050, without adaptation (%)\*

Between 2003-2013, Asia was mainly affected by floods.



Relative to baseline values in 2050 without climate change; average result of three general circulation models  
Source: FAO

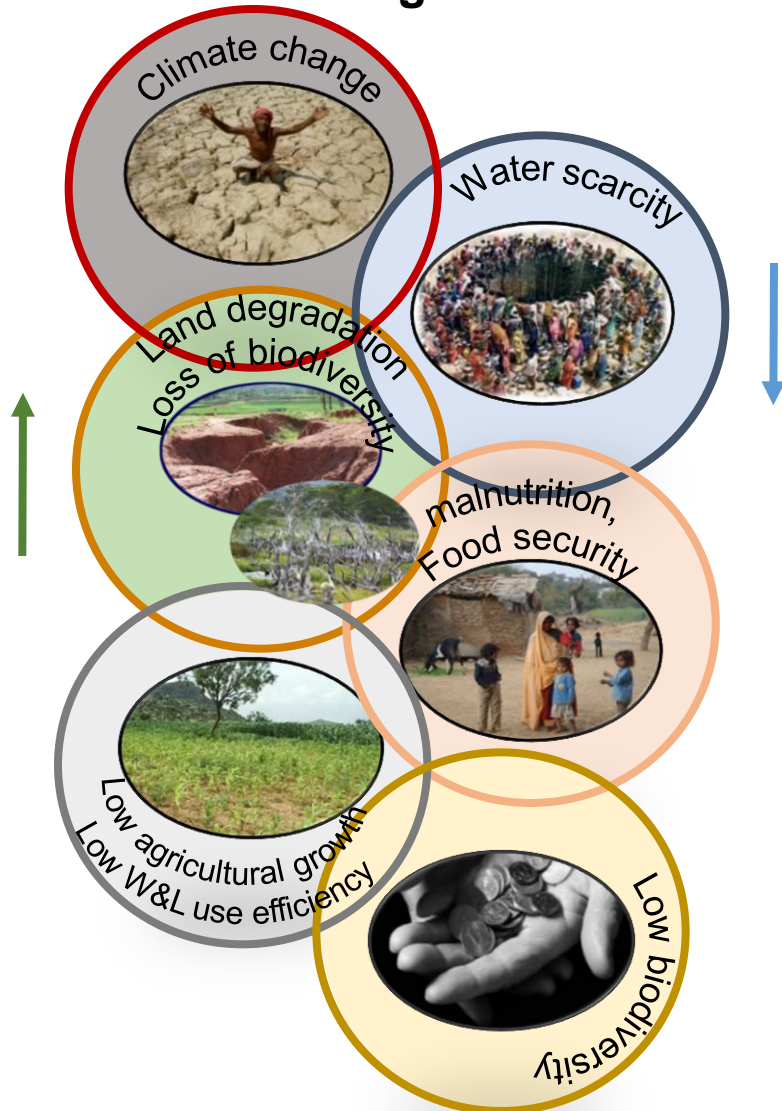


\* Relative to baseline values in 2050 without climate change; average result of three general circulation models

## 3.3 Implications

# Implications

## Challenges



## A Resource-hungry Food System

- ❖ World population growth to 9.7 billion in 2050, and growing incomes, pose unprecedented challenges to food systems
- ❖ Huge production gaps (To provide enough food – both in quantity and quality; and meet nutritional needs for all)
- ❖ Growth in food production must be accommodated within the growing scarcity of natural resources and Planetary boundaries
- ❖ Conserving the natural resource base (land, water, plant and animal genetic resources) to produce food for present and future generations
- ❖ How can the trade-offs between providing food for the 2050 population and environmental impacts be minimized?



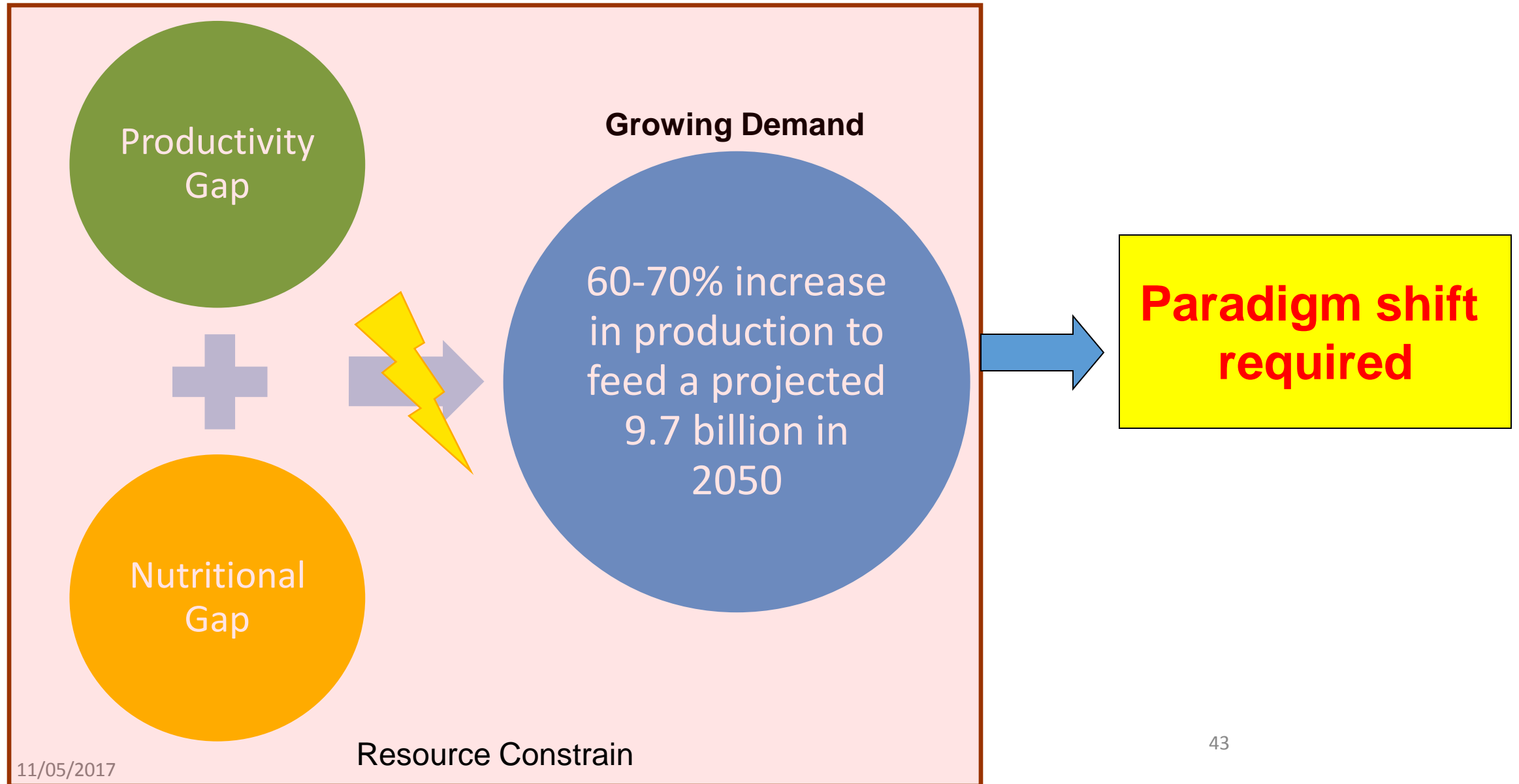
# Productivity Gap

- Doubling yields in 2050 – require annual yield growth rates of more than 1.7%.
- Crop yield or partial factor productivities of land, water, fertilizer, and labor not promising: During the 1989-2008 period global yield growth rates maize (1.6%), rice (1.0%), wheat (0.9%) and soybean (1.3%) -- insufficient for meeting future food demand without having to convert a lot more land into agriculture.
- Farm yields are approaching economic upper limits in highly productive areas. In major irrigated wheat, rice, and maize systems, yields appear to be near 80% of the yield potential.

# Nutrition Gap

- Increasing production of staple crops is not enough to accelerate reductions in malnutrition.
- “Nutrition gap”: the gap between what foods are grown and available and what foods are needed for a healthy diet. It requires increasing availability and access to the foods necessary for a healthy diet.
- Insufficient supply of nutrient-rich foods

# Gaps in the Current Agrifood Systems



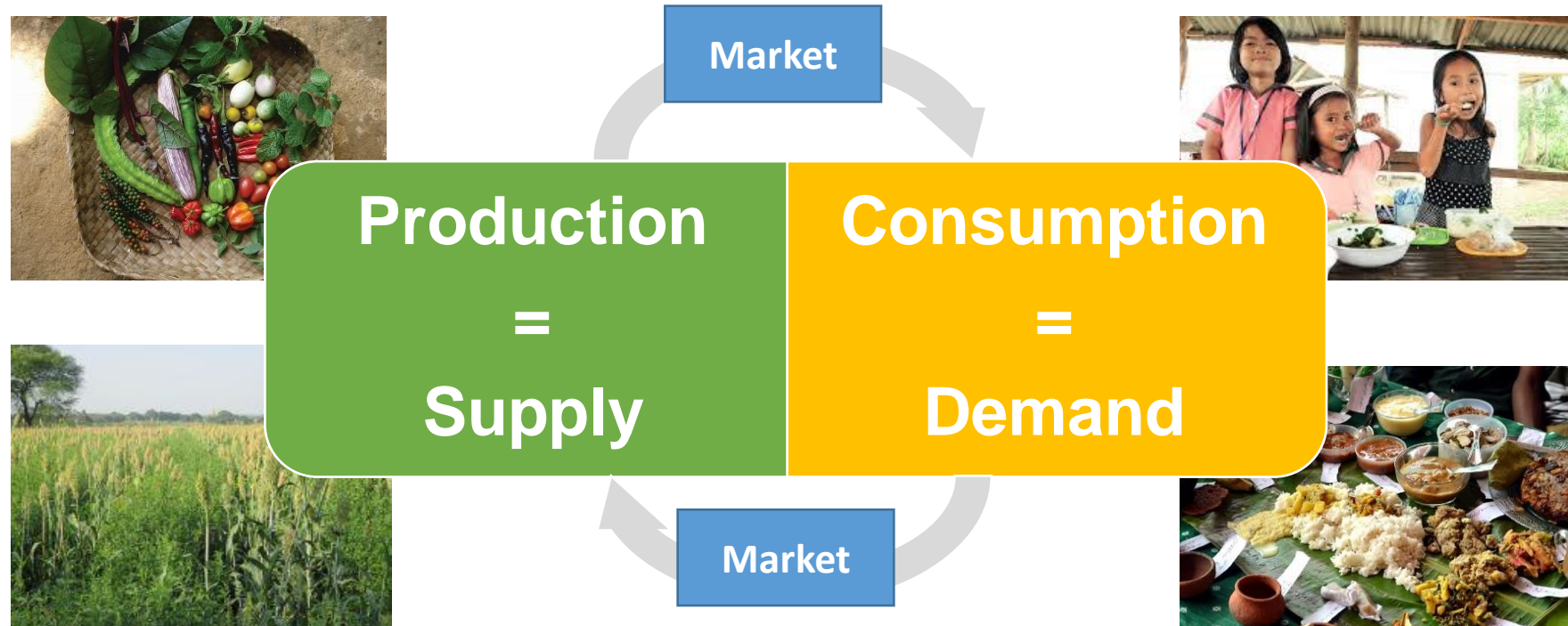
# IV. Solutions: Towards Sustainable Agrifood Systems

**4.1 Production**

**4.2 Consumption**

**4.3 Market**

# Strategies to Promote Sustainable Agrifood Systems



- Increase productivity through higher resource use efficiency and innovative technologies
- Diversification of existent cropping systems: Create incentives to produce additional crops next to rice
- Manage food loss

- Raise nutrition awareness
- School Feeding/School Meal Programmes
- Save Food Initiative

# Sustainable Food and Agriculture

## Five Principles

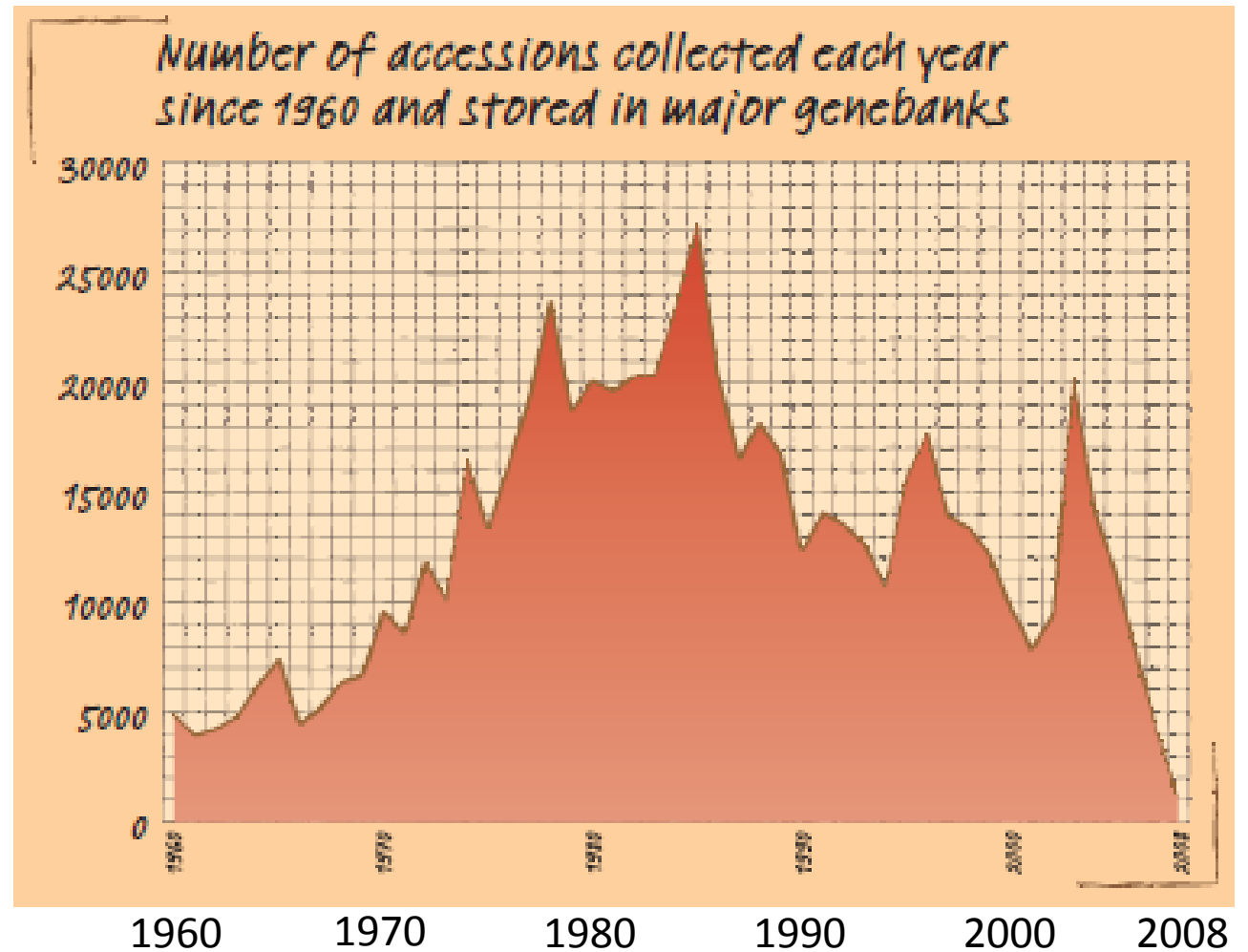
- 1.Improved resource use efficiency
- 2.Direct action to conserve, protect and enhance natural resources
- 3.Ban on agriculture that fails to protect and improve rural livelihoods and social well-being
- 4.Enhanced resilience of people, communities and ecosystems
- 5.Responsible and effective governance mechanisms

# 4.1 Production

## 4.1.1 Technologies that Save and Grow

### Improved crops and varieties

- Strengthen collection and conservation of improved plant germplasm
- Develop strong plant breeding programmes and seed delivery
- Promote policies that help to link formal and farmer-saved seed systems, and foster the emergence of local seed enterprises

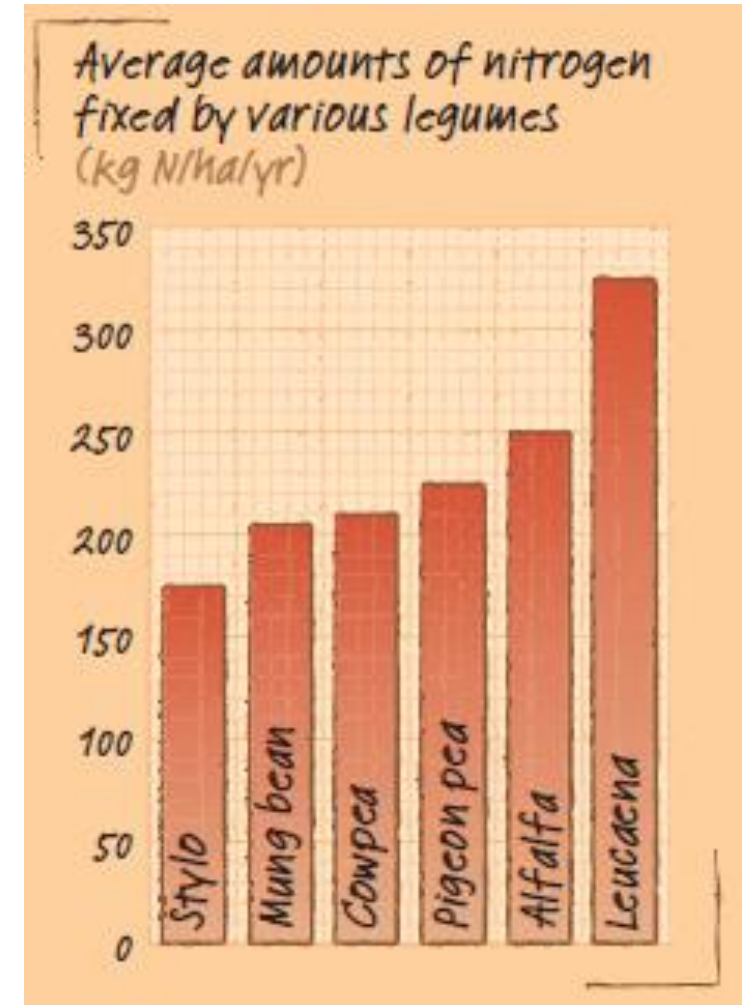




# Technologies that Save and Grow

## Promote soil health

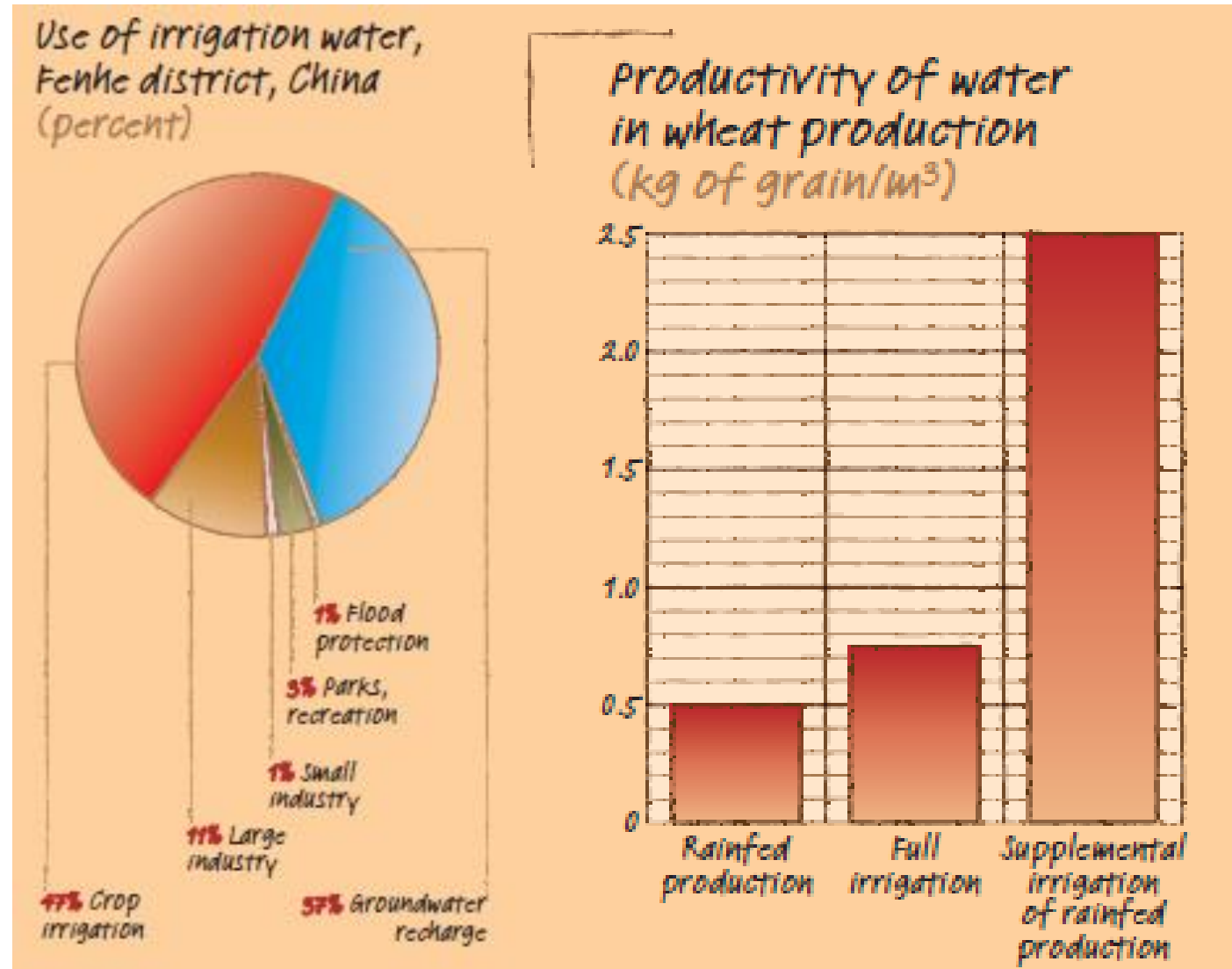
- Reduce use and cost of mineral fertilizers
- Apply a mix of both mineral fertilizers and natural sources (manure, nitrogen-fixing crops and trees)
- Promote policies that encourage agroforestry and mixed crop-livestock systems
- Remove incentives that encourage mechanical tillage and excess use of fertilizers



# Technologies that Save and Grow

## Improve water management

- Apply knowledge-based precision irrigation
- Promote deficit irrigation and wastewater-reuse
- Eliminate policies that encourage to waste water
- Increase rainfed agriculture productivity by introducing drought-tolerant varieties and water-saving practices

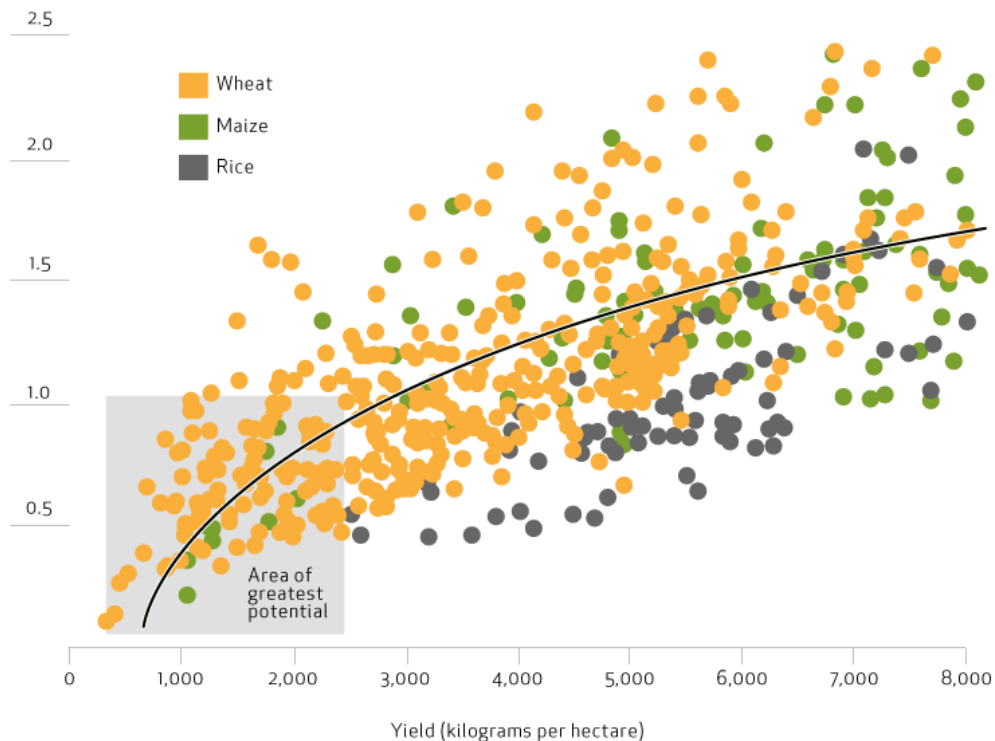


# Technologies that Save and Grow

## Improving water productivity





Water productivity can be improved through increasing yields and drip irrigation.

**WATER PRODUCTIVITY PER UNIT OF EVAPOTRANSPIRATION** (kg/m<sup>3</sup>) Source: IWMI



**RESULTS FROM INDIA IN SHIFTING FROM CONVENTIONAL TO DRIP IRRIGATION**

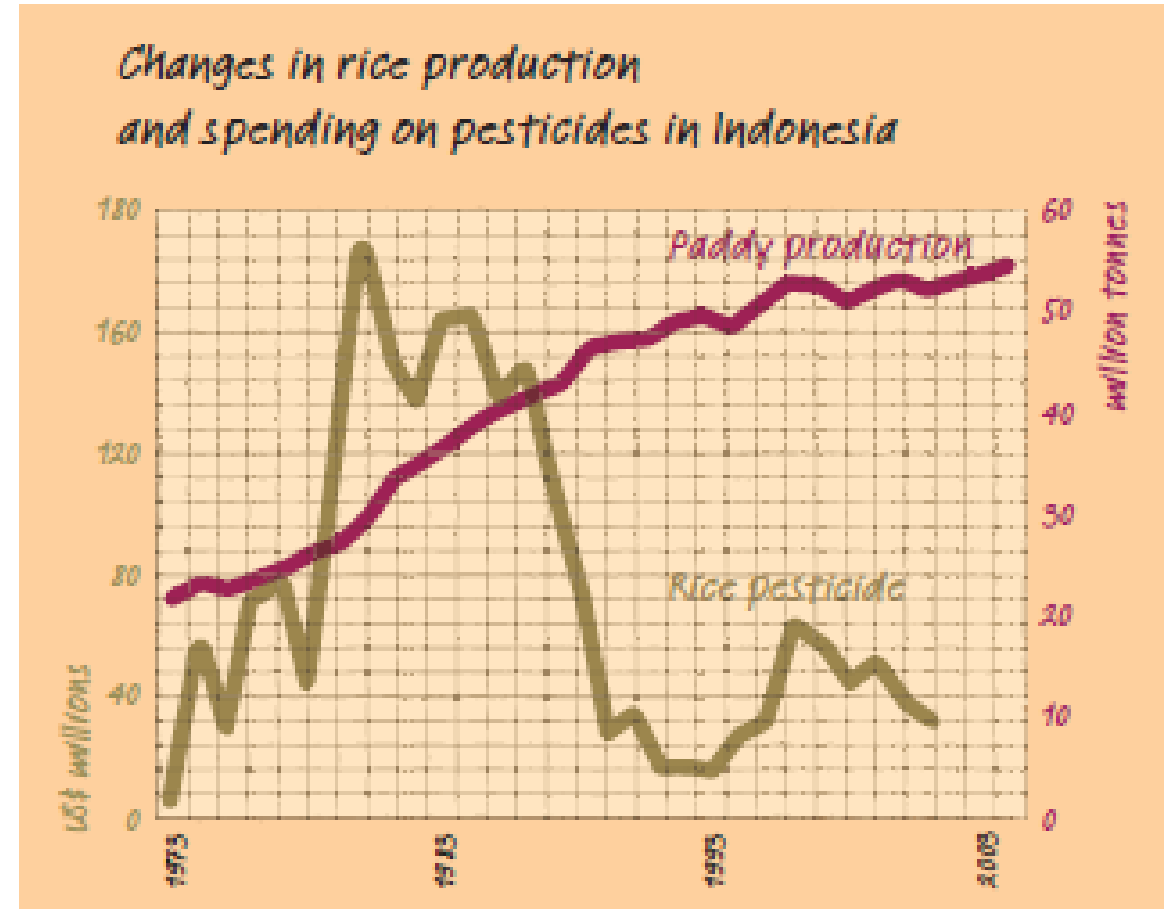
Source: IWRA

Crop	Change in yield (%)	Change in water use (%)	Water productivity (%)
Banana 	<b>+53</b>	<b>-45</b>	<b>+173</b>
Cabbage 	<b>+2</b>	<b>-60</b>	<b>+150</b>
Sugarcane 	<b>+39</b>	<b>-60</b>	<b>+205</b>
Sweet Potato 	<b>+39</b>	<b>-60</b>	<b>+243</b>
Tomato 	<b>+50</b>	<b>-39</b>	<b>+145</b>

# Technologies that Save and Grow

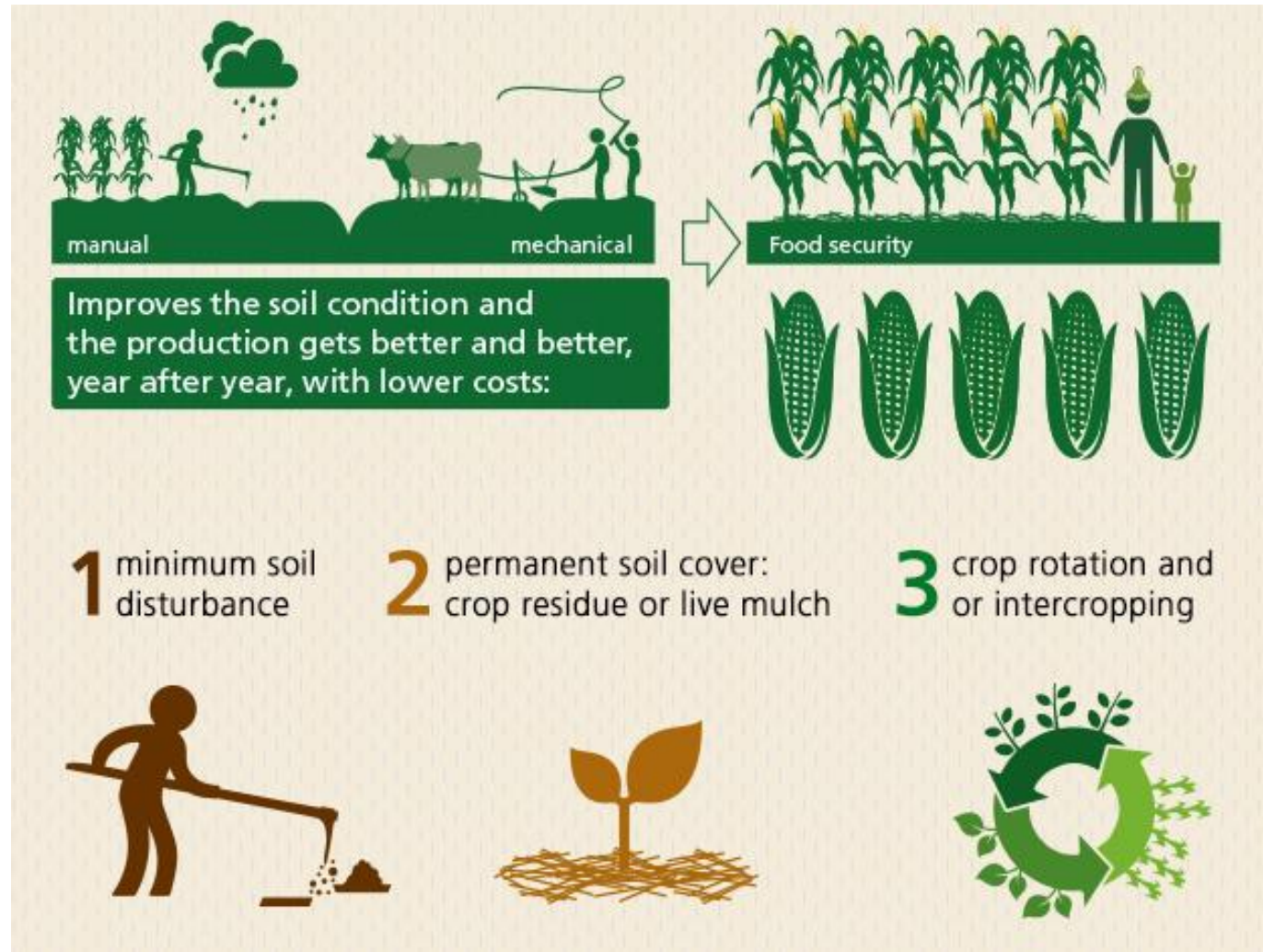
## Plant protection

- Grow resistant varieties, conserve predators and manage crop nutrient levels to reduce insect reproduction
- Use clean planting material, introduce crop rotations and eliminate infected host plants to break disease cycles
- Apply timely manual weeding, minimized tillage and use of surface residues
- Use lower risk synthetic pesticides for targeted control at and in the right time and quantity
- Introduce policies that promote integrated pest management (IPM), strict pesticide regulations, and removal of pesticide subsidies

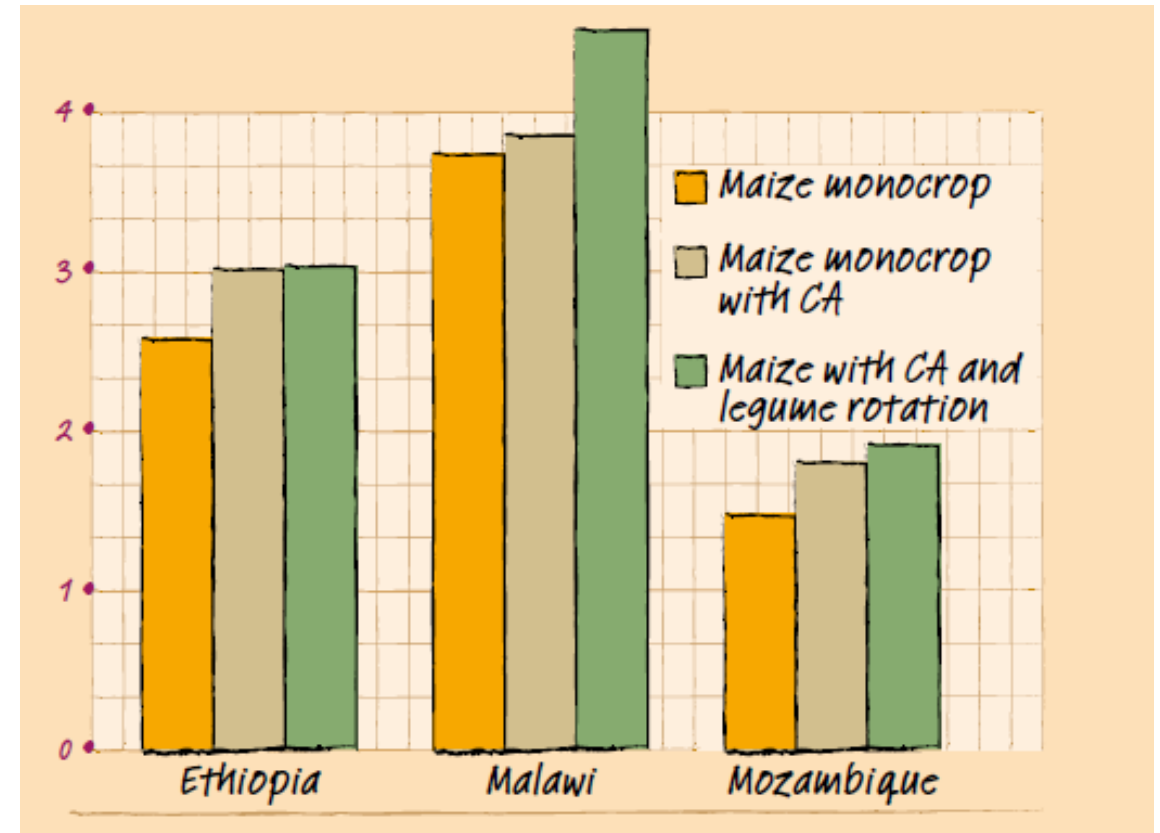
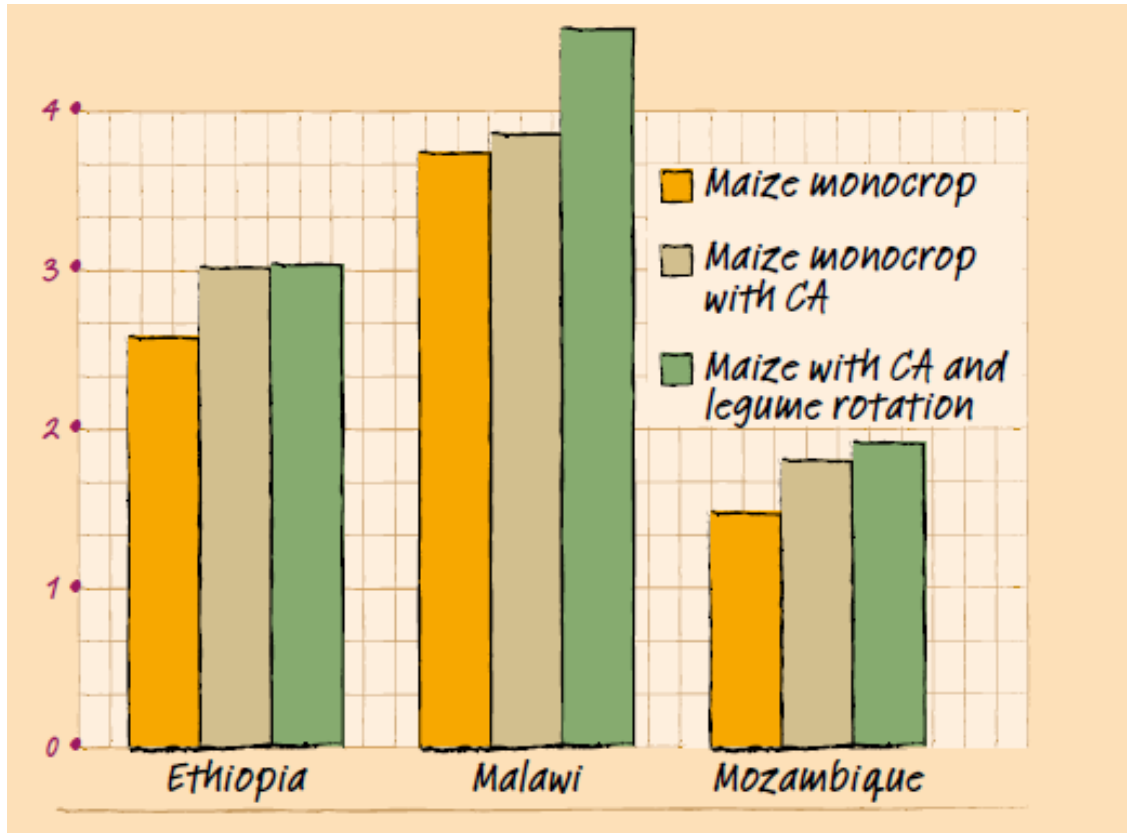


# 4.1.2 Farming Systems that Save and Grow

## Conservation Agriculture



# Impact of Conservation Agriculture



Number of farmers adopting legumes in maize production following trials, Ekweneni, Malawi

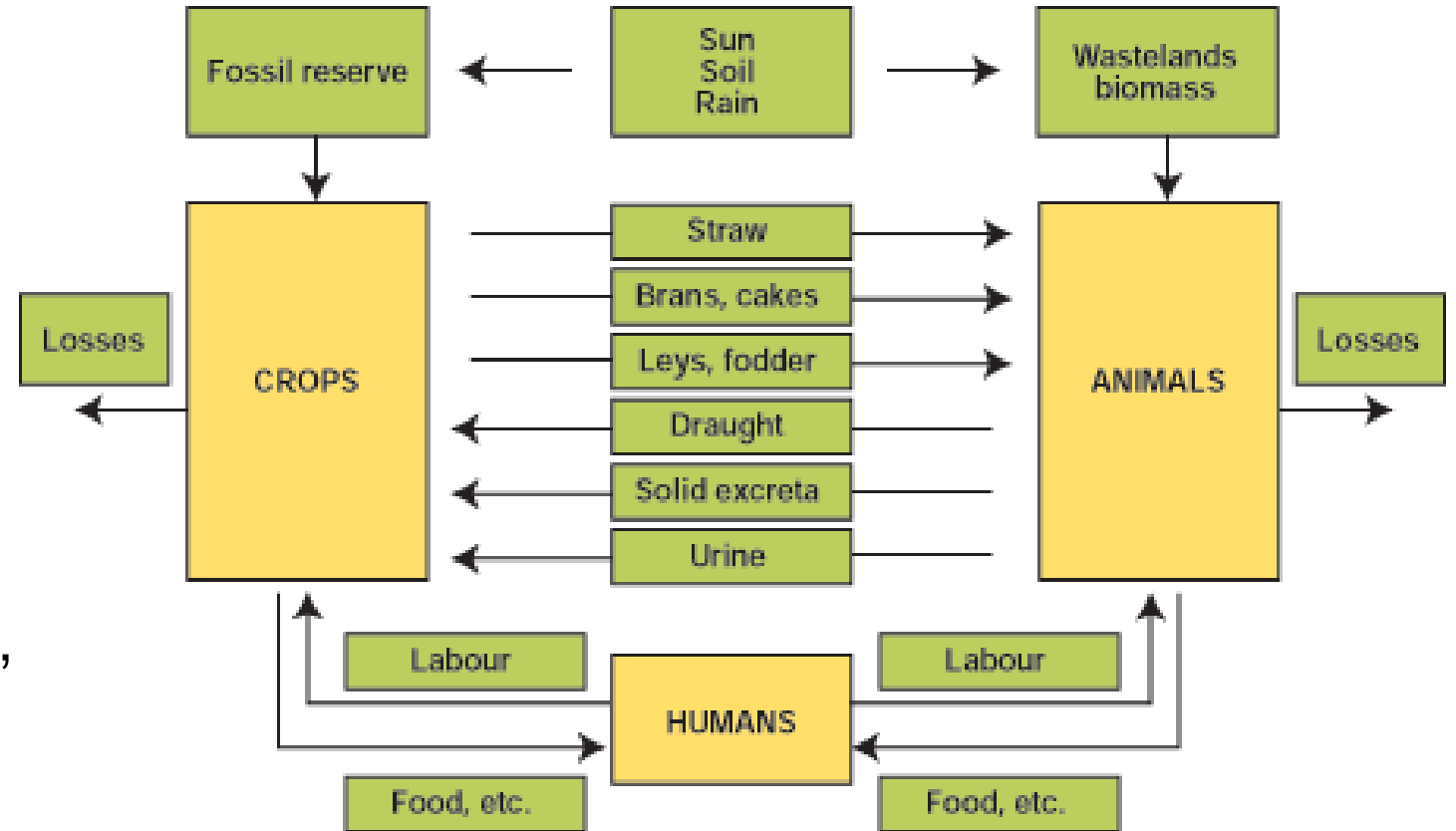
Source: FAO  
11/05/2017

Impact of conservation agriculture (CA) and legume rotation on maize yields (t/ha)

# Farming Systems that Save and Grow

## Integrated Crop-Livestock Production

- Practised by most smallholders in developing countries
- Increased biological diversity, efficient nutrient recycling and improved soil health
- Enhance livelihood diversification and efficiency by optimizing inputs, including labour, and increase resilience to economic stress

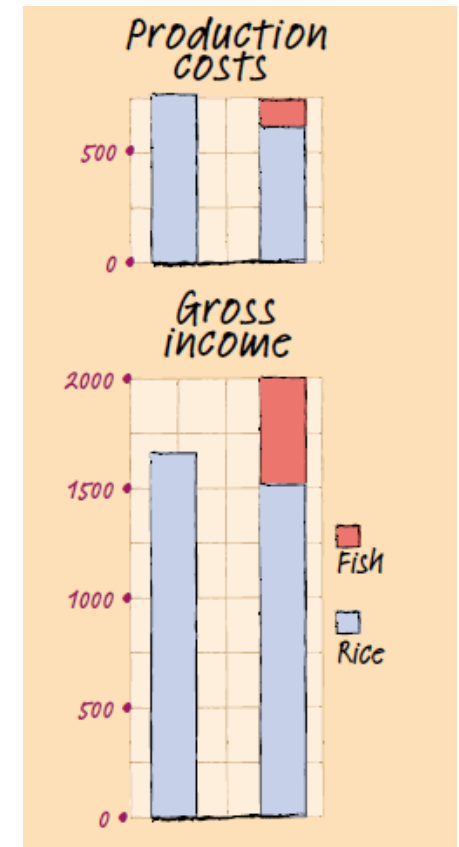


# Farming Systems that Save and Grow

## Integrated rice-fish & rice-duck farming



Economics of rice-fish farming and rice monoculture, Indonesia (US\$/ha)

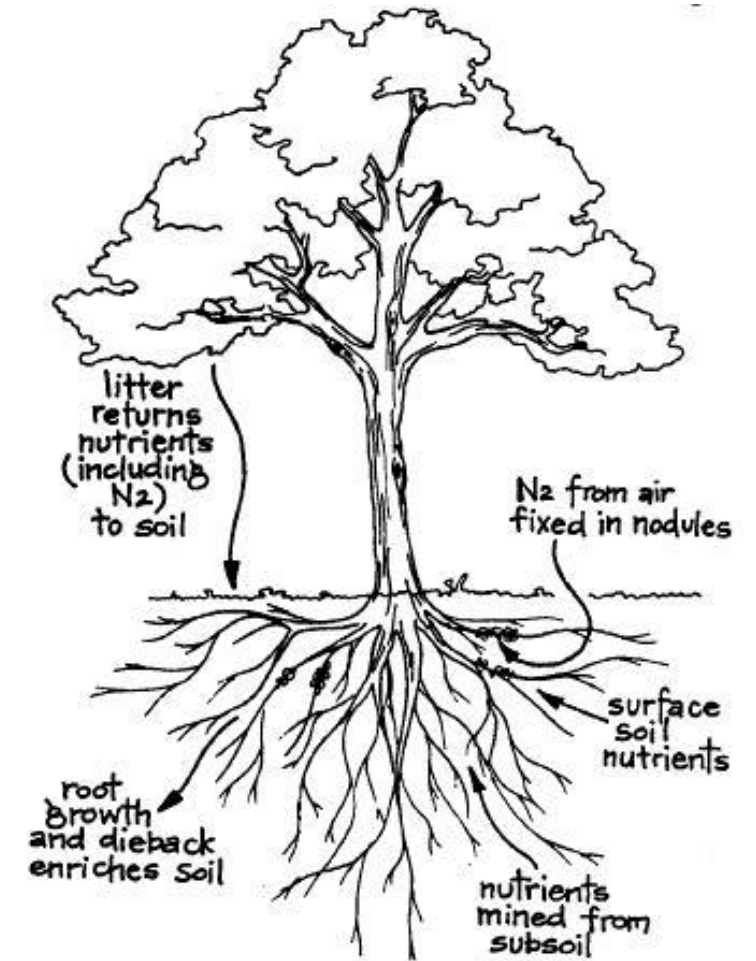
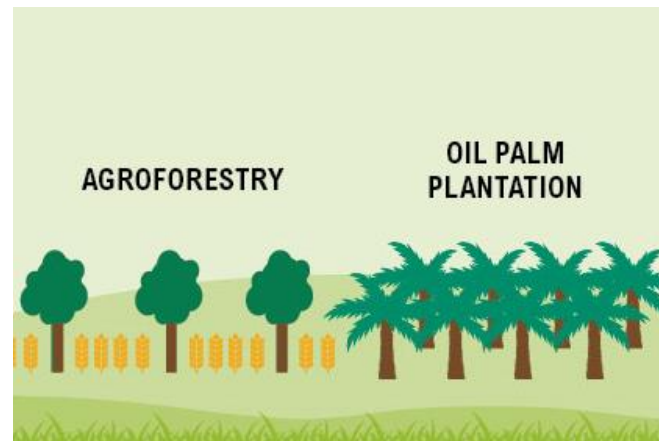




# Farming Systems that Save and Grow

## Agroforestry

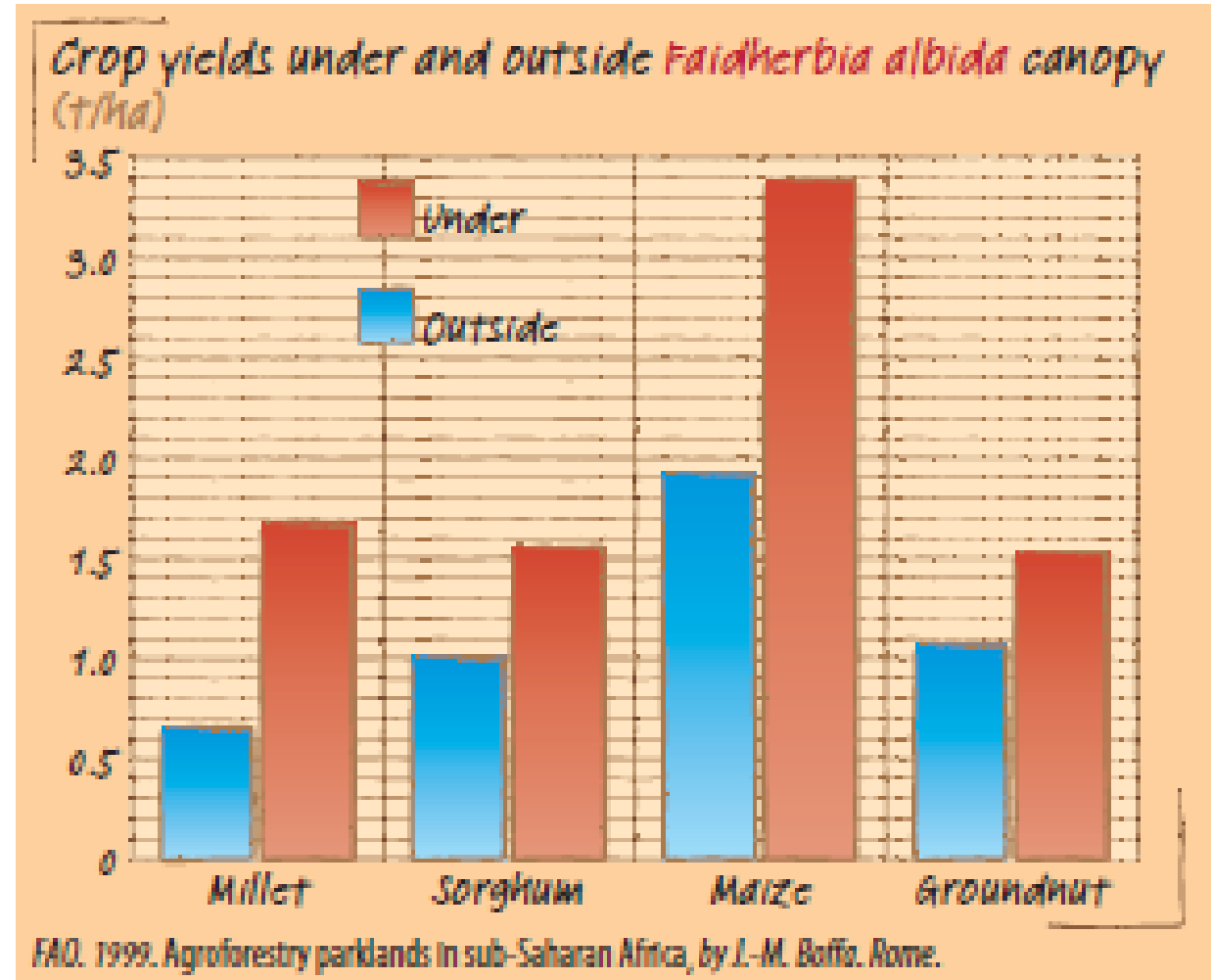
- Cultivation of woody perennials and annual crops
- Works well with conservation agriculture and tree crop systems
- Can be enhanced by improved crop associations, including legumes and “fertilizer trees”, and integration with livestock



# Farming Systems that Save and Grow

## Agroforestry

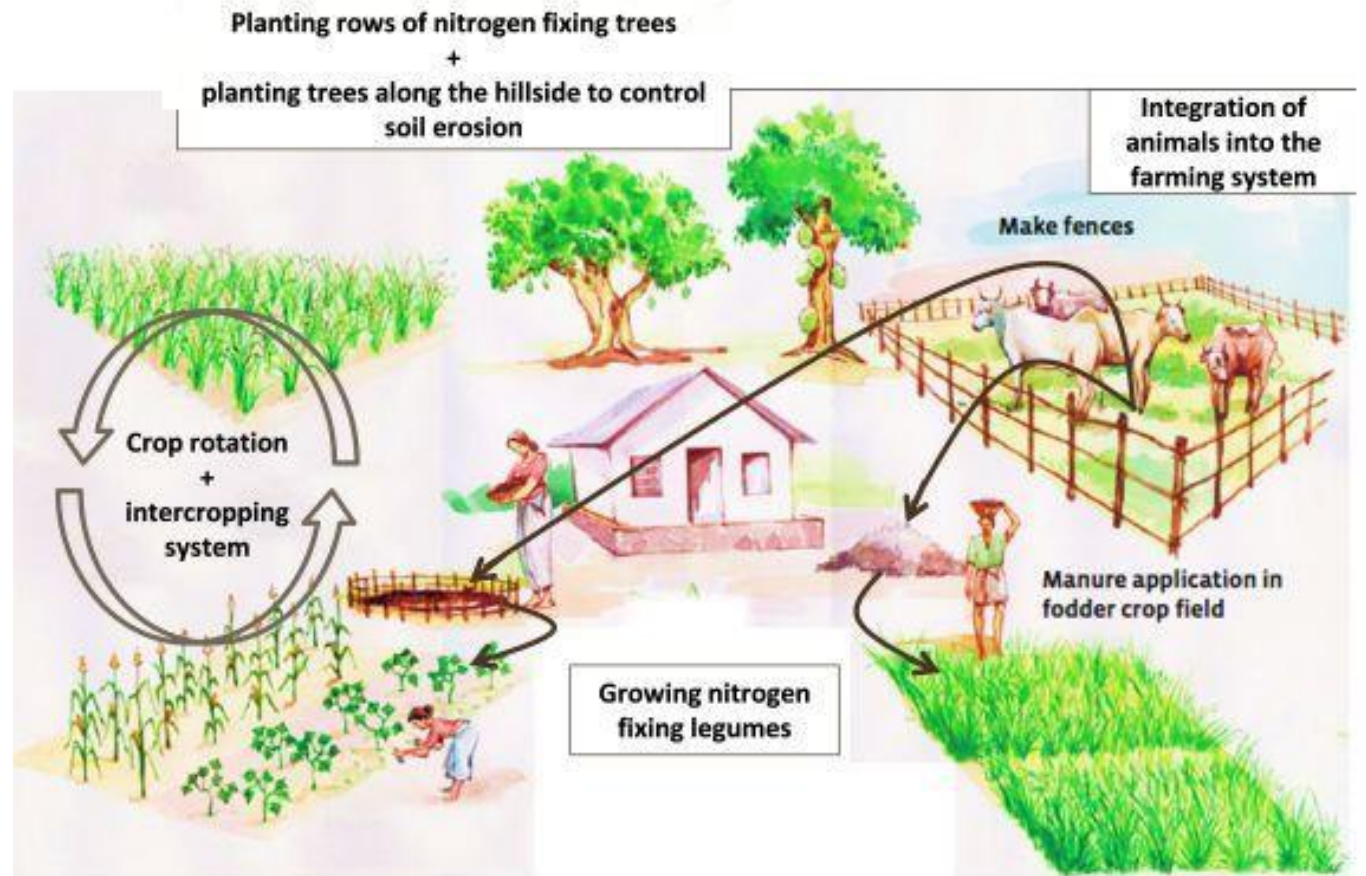
- African acacia, *Faidherbia albida* is a natural component of farming systems in the Sahel.
- Does not compete with crops for light, nutrients and water
- Loses its nitrogen-rich leaves during the rainy season, providing a protective mulch that serves as natural fertilizer



# Farming Systems that Save and Grow

## Agroforestry + Organic Agriculture

- When practiced in combination with conservation agriculture, can lead to improved soil health and productivity, increased efficiency in the use of organic matter and energy savings
- Products can be sold in niche markets and create new income opportunities



## 4.1.3. Applications of Multiple Cropping in Asia

- Intensification of cereal-based cropping systems by inclusion of other crops e.g. pulses as cash crop
- Replenishing soil nitrogen
- Introduction in rice-fallows (e.g. South Asia)
- Multiple cropping, relay cropping and mixed cropping

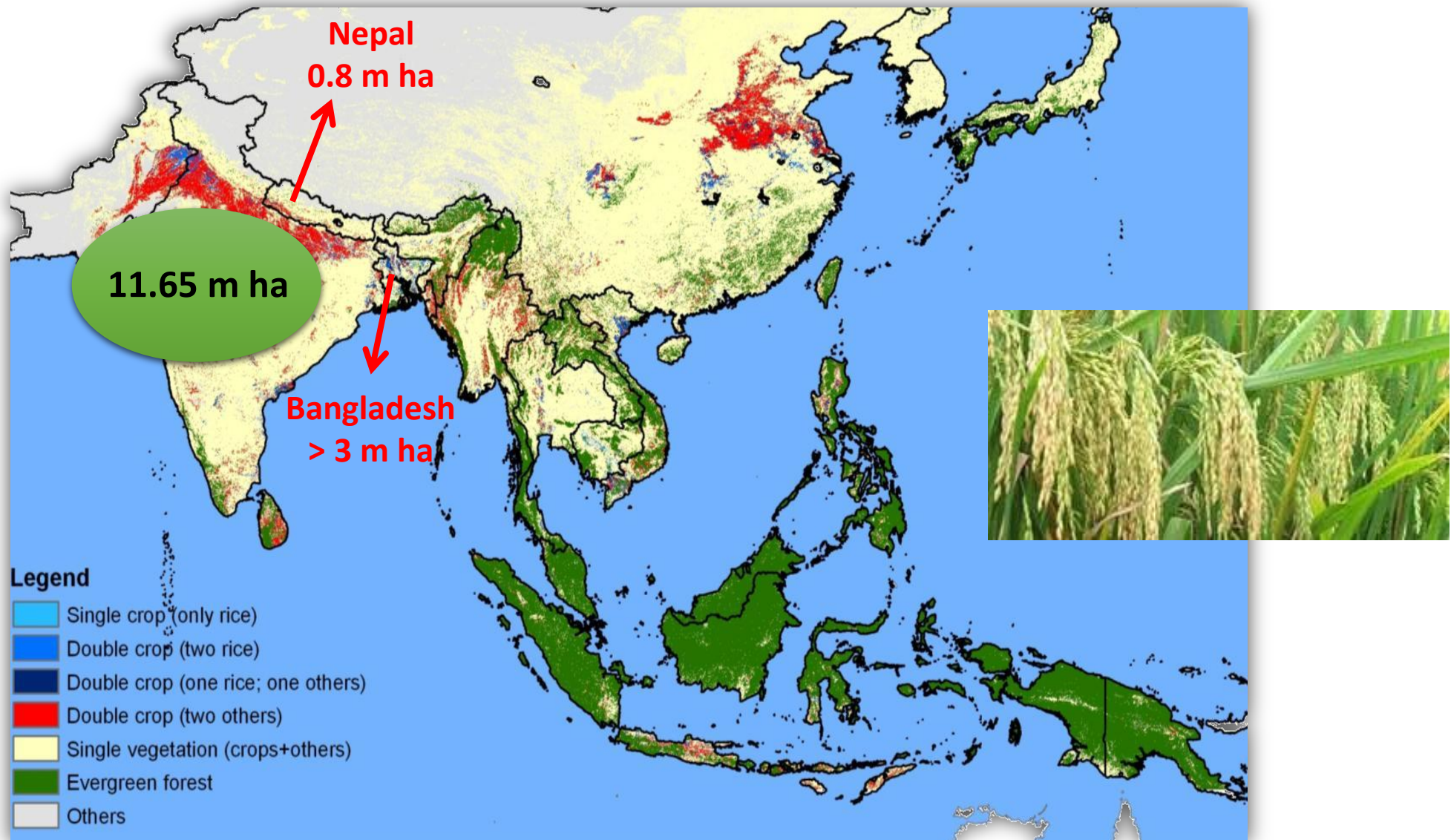


- New niches such as winter planting
- Market opportunities for rural income
- Build capacity through agricultural extension services

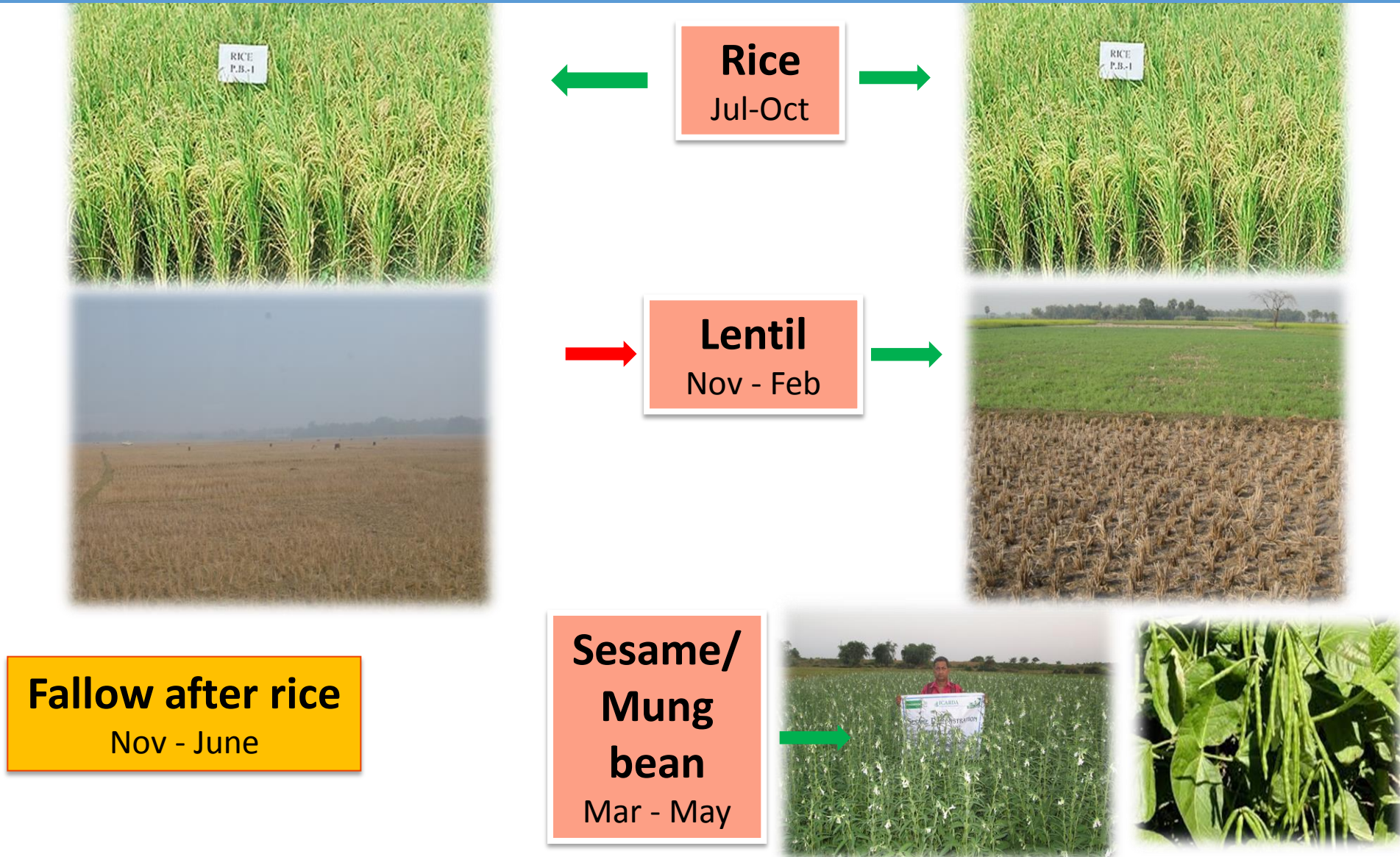
11/05/2017



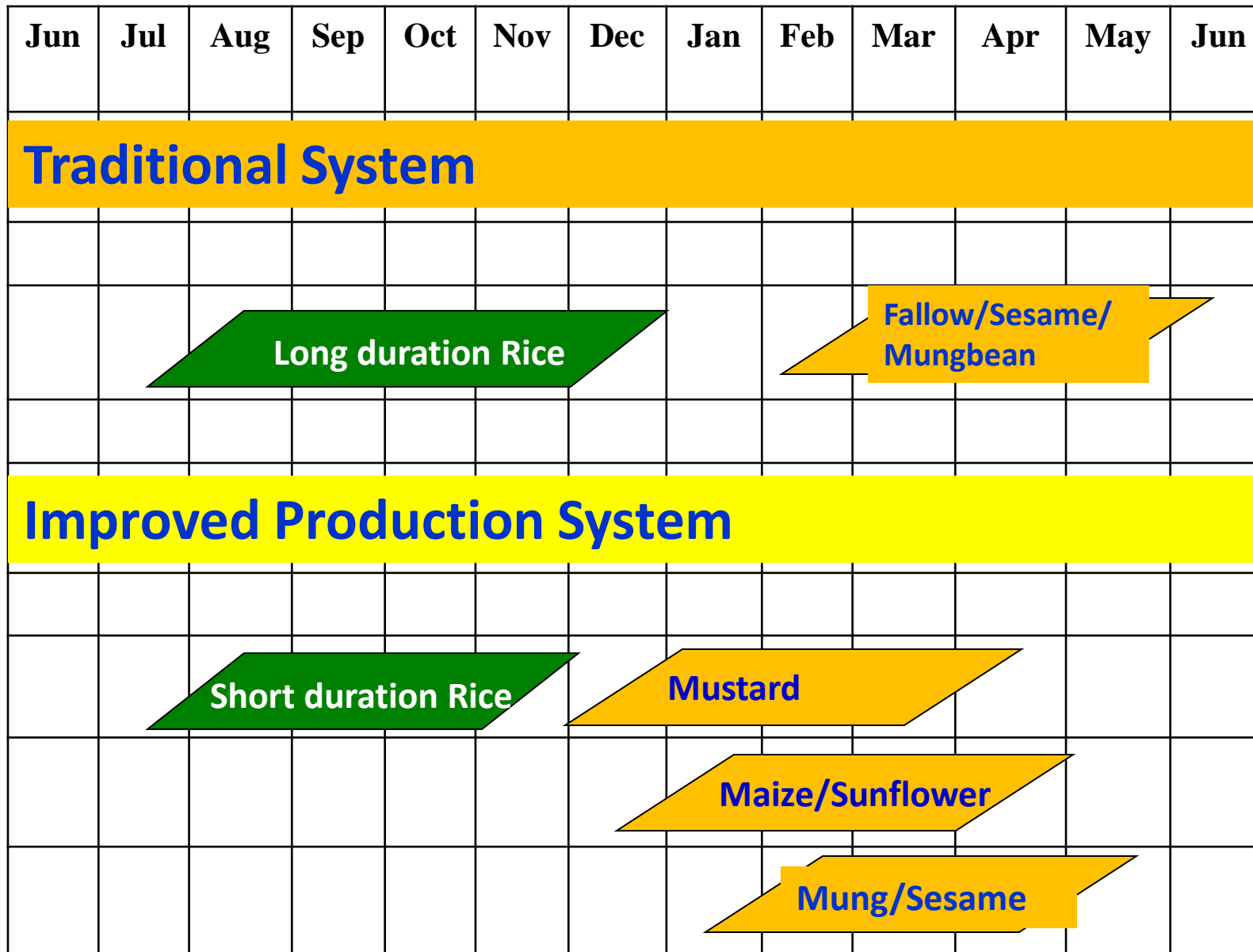
# Tapping Un-used Potential in Crop-fallows



# Integration of Pulses in Rice-fallow



# Capturing Residual Moisture



# Integration of Pulses in Rice-fallow



Black gram in rice fallow

Nutrient management practices	Rice yield (kg ha <sup>-1</sup> )	Blackgram yield (kg ha <sup>-1</sup> )	Net return (Rs ha <sup>-1</sup> )	B:C ratio
Farmers practice*	3380	367	11,448	2.07
100% RDF** to rice	3560	478	13,030	2.11
100% RDF + 'P'*** of <i>utera</i> crop to rice	3840	587	15,618	2.28
Recommended dose of 'P' to <i>utera</i> crop at sowing	3690	467	13,118	2.09

RDF\*\* : Recommended dose of fertilizer (80 : 40 :40 kg N, P<sub>2</sub>O<sub>5</sub> and K<sub>2</sub>O ha<sup>-1</sup>) ;  
Farmers practice\* : 60 :30 :30 kg N, P<sub>2</sub>O<sub>5</sub> and K<sub>2</sub>O ha<sup>-1</sup> ; 'P'\*\*\* of *utera* crop : 20 kg ha<sup>-1</sup>

- Sowing of black gram as *utera* crop at two weeks after flowering of rice (early November) with medium duration varieties like Swarna, Pooja etc. helps in improving the yield of succeeding *utera* crop
- Application of 100% recommended dose of fertilizer to preceding rice crop along with the 'P' of *utera* crop to rice substantially improved the seed yield as well as net return of black gram as *utera* crop in rice-black gram *utera* cropping sequence



# Zero Hunger Initiative: Prioritized Future Smart Food in the Region

Cereals	Roots & Tubers	Pulses	Fruits & Vegetables	Nuts, Seeds & Spices
Buckwheat	Taro	Grass pea	Drumstick	Linseed
Tartary buckwheat	Swamp taro	Faba bean	Chayote	Walnut
Foxtail millet	Purple yam	Cow pea	Fenugreek	Nepali butter tree
Proso millet	Fancy yam	Mung bean	Snake gourd	Perilla
Finger millet	Elephant's foot yam	Black gram	Pumpkin	Nepali pepper
Sorghum	Sweet potato	Rice bean	Roselle	
Amaranth		Lentil	Indian gooseberry	
Grain amaranth		Horse gram	Jack fruit	
Quinoa		Soybean	Wood apple	
Specialty rice				

**39 crops** from eight countries/States:

Cambodia, Lao PDR, Myanmar, Nepal, Bangladesh, Bhutan, Viet Nam, West Bengal (India)

# Sustainable Agriculture

**More**

**Less**

High-yield polyculture

Organic fertilizers

Biological pest control

Integrated pest management

Irrigation efficiency

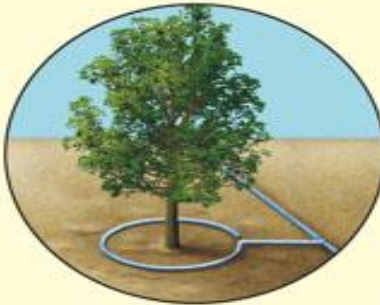
Perennial crops

Crop rotation

Use of more water-efficient crops

Soil conservation

Subsidies for more sustainable farming and fishing



Soil erosion

Soil salinization

Aquifer depletion

Overgrazing

Overfishing

Loss of biodiversity

Loss of prime cropland

Food waste

Subsidies for unsustainable farming and fishing

Population growth

Poverty

## 4.1.4 Manage Food Loss and Waste

- **1/3 of food** produced for human consumption is lost or wasted globally, which amounts to about 1.3 billion tons per year.
- amounts to roughly US\$ 680 billion in industrialized and US\$ 310 billion in developing countries

**Food losses** represent a waste of resources used in production such as land, water, energy and inputs, increasing the green gas emissions in vain.

**Food waste** is food that is fit for human consumption, but not consumed because it is left to spoil, discarded by retailers or consumers.

11/05/2017



# Food Loss in the food supply chain

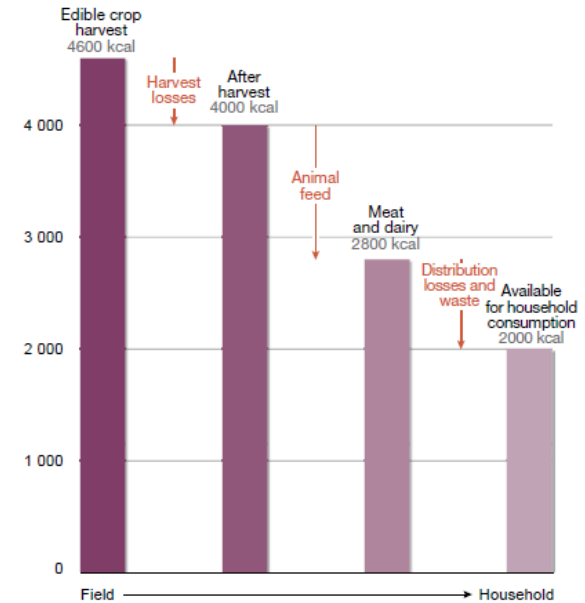
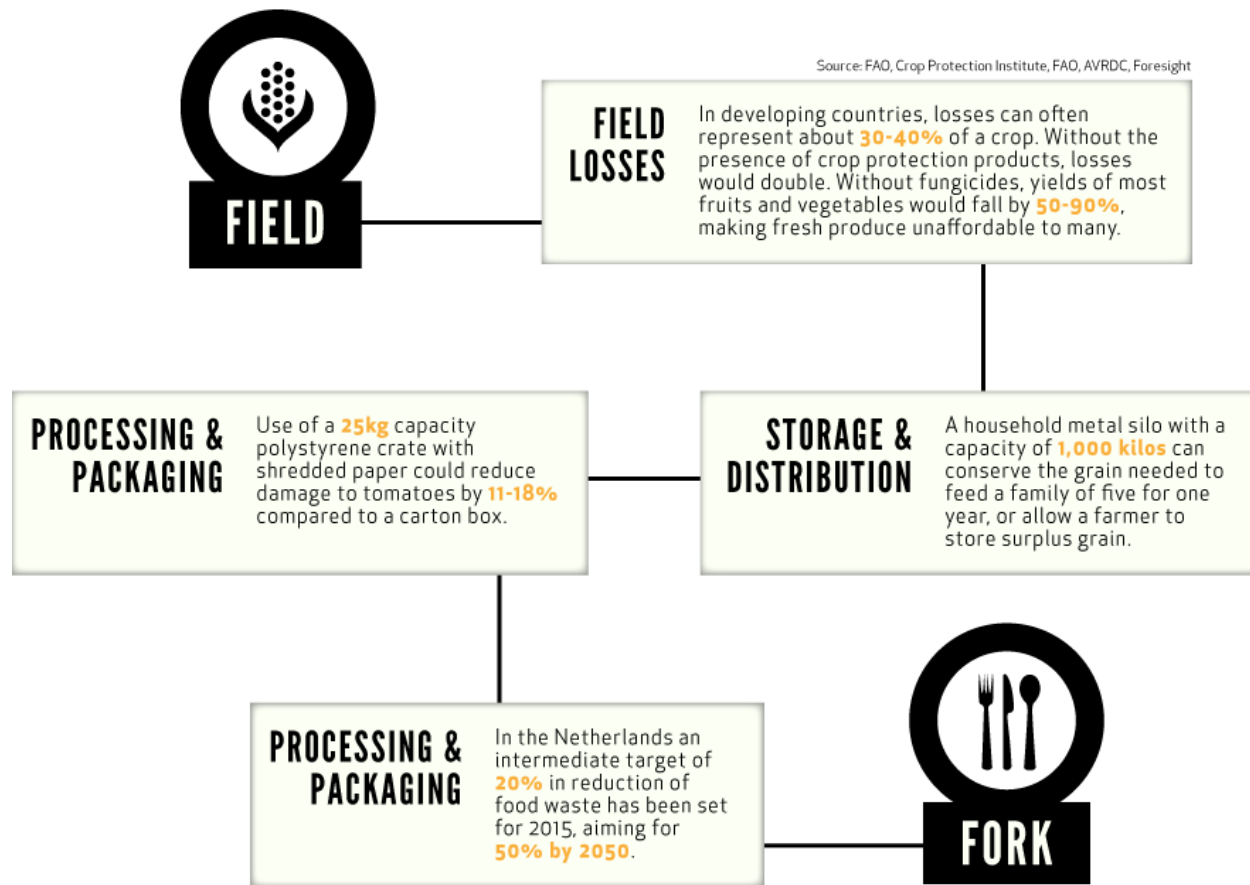


Figure 12: A gross estimate of the global picture of losses, conversion and wastage at different stages of the food supply chain. As a global average, in the late 1990s farmers produced the equivalent of 4,600 kcal/capita/day (Smil, 2000), i.e., before conversion of food to feed. After discounting the losses, conversions and wastage at the various stages, roughly 2,800 kcal are available for supply (mixture of animal and vegetal foods) and, at the end of the chain, 2,000 kcal on average – only 43% of the potential edible crop harvest – are available for consumption. (Source: Lundqvist *et al.*, 2008).

Source: <http://www.farmingfirst.org/green-economy/> ;  
[http://1.bp.blogspot.com/\\_R4gXIIDAvmg/TIBSGFnYhUI/AAAAAAAAEjo/sZ6mqKj6ous/s1600/figure1.jpg](http://1.bp.blogspot.com/_R4gXIIDAvmg/TIBSGFnYhUI/AAAAAAAAEjo/sZ6mqKj6ous/s1600/figure1.jpg)

# Manage Food Loss

Cause	Prevention
<b>Production exceeds demand</b>	<ul style="list-style-type: none"><li>➤ Communication and cooperation among farmers to reduce risk of overproduction by allowing surplus crops from one farm to solve a shortage of crops on another</li></ul>
<b>Premature harvesting</b>	<ul style="list-style-type: none"><li>➤ Organizing small farmers and diversifying and upscaling their production and marketing, e.g. through collective credit</li></ul>
<b>Poor storage facilities and lack of infrastructure</b>	<ul style="list-style-type: none"><li>➤ Public investment in infrastructure for roads, energy and markets</li><li>➤ Private sector investment in storage, cold chain facilities and transportation</li></ul>
<b>Seasonality and lack of processing facilities</b>	<ul style="list-style-type: none"><li>➤ Develop contract farming linkages between processors and farmers</li></ul>
<b>Inadequate market systems with unsuitable storage and sales conditions</b>	<ul style="list-style-type: none"><li>➤ Promote marketing cooperatives and establish improved market facilities to assemble produce</li><li>➤ Development of wholesale and retail markets through private and public sector investment</li></ul>

## 4.2 Consumption

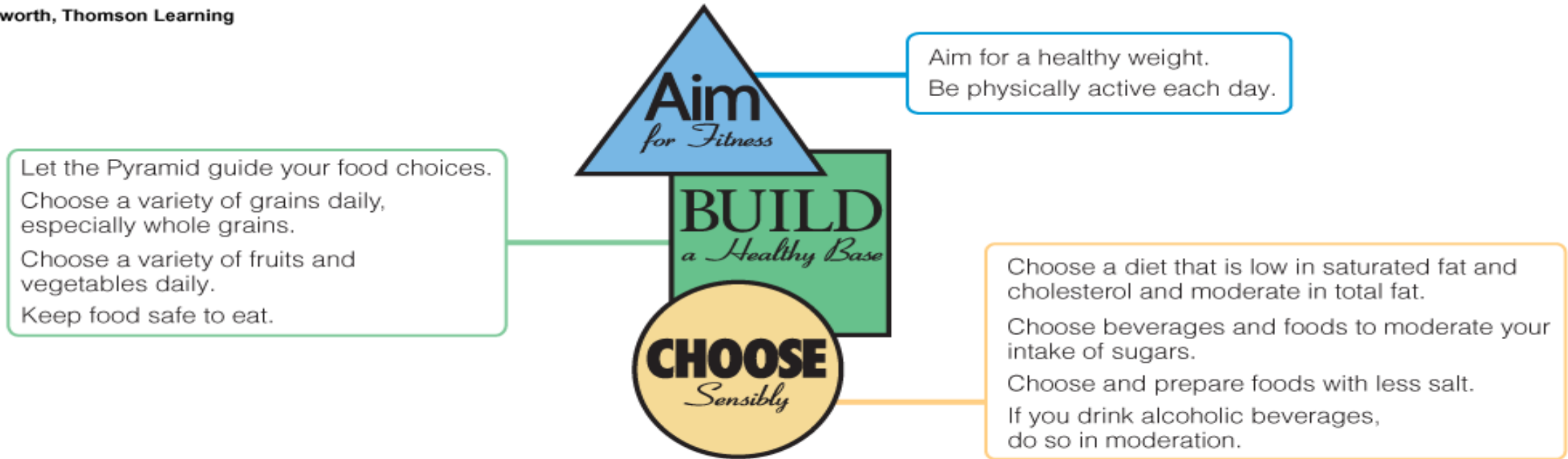
# 4.2.1. Promotion Healthy Diet: The Eating Well Plate

Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.



# Promotion Healthy Diet: Dietary Guidelines

© Wadsworth, Thomson Learning



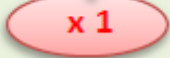
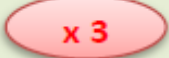
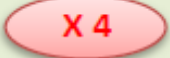
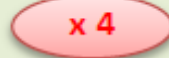
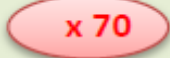
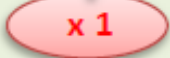
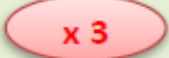
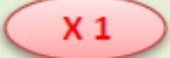
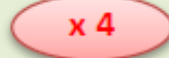
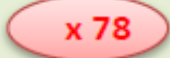
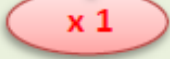
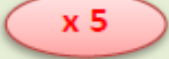
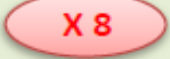
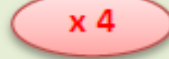
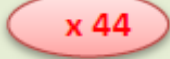
NOTE: These guidelines are intended for adults and healthy children ages 2 and older.

SOURCE: U.S. Department of Agriculture and U.S. Department of Health and Human Services, *Nutrition and Your Health: Dietary Guidelines for Americans*, Home and Garden Bulletin no. 232 (Washington, D.C.: 2000).



# Nutritional Benefits of Future Smart Food

Values for 100 g dry product

	Energy (Kcal)	Protein (g)	Dietary Fibre (g)	Iron (mg)	Folate (DFE mcg)
<b>Chickpeas</b>	355	21.2	5.4	5.4	557
	 x 1	 x 3	 x 4	 x 4	 x 70
<b>Rice</b> White, polished, raw	365	7.1	1.3	1.2	8
	Energy (Kcal)	Protein (g)	Dietary Fibre (g)	Iron (mg)	Folate (DFE mcg)
<b>Mung beans</b>	347	23.9	1.15	6.74	625
	 x 1	 x 3	 x 1	 x 4	 x 78
<b>Rice</b> White, polished, raw	365	7.1	1.3	1.2	8
	Energy (Kcal)	Protein (g)	Dietary Fibre (g)	Iron (mg)	Folate (DFE mcg)
<b>Lupin beans</b>	371	36.7	9.74	4.36	355
	 x 1	 x 5	 x 8	 x 4	 x 44
<b>Rice</b> White, polished, raw	365	7.1	1.3	1.2	8

# Health Benefits of Future Smart Food

Example: Impact of Iron Rich Lentil Diet on Iron Deficient Anemic Children in Sri Lanka

Indicator	0 days	60 days	% improvement
Hemoglobin (g/dL)	11.1	11.8	6.3
Serum Fe ( $\mu\text{g/dL}$ )	51.5	89.8	74.4
Total Fe binding capacity ( $\mu\text{g/dL}$ )	405.3	377.6	-6.8
Trans ferritin saturation (%)	12.8	24.3	89.8
Serum ferritin (ng/mL)	29.5	41.2	39.7

after 60 days, n=33

## WHO's hemoglobin thresholds used to define anemia

(1 g/dL = 0.6206 mmol/L)

Age or gender group	Hb threshold (g/dl)	Hb threshold (mmol/l)
Children (0.5 - 5 years)	11.0	6.8
Children (5 - 12 years)	11.5	7.1

## 4.2.2 Building Demand: School Meal Programme/Mid-day Meal Scheme

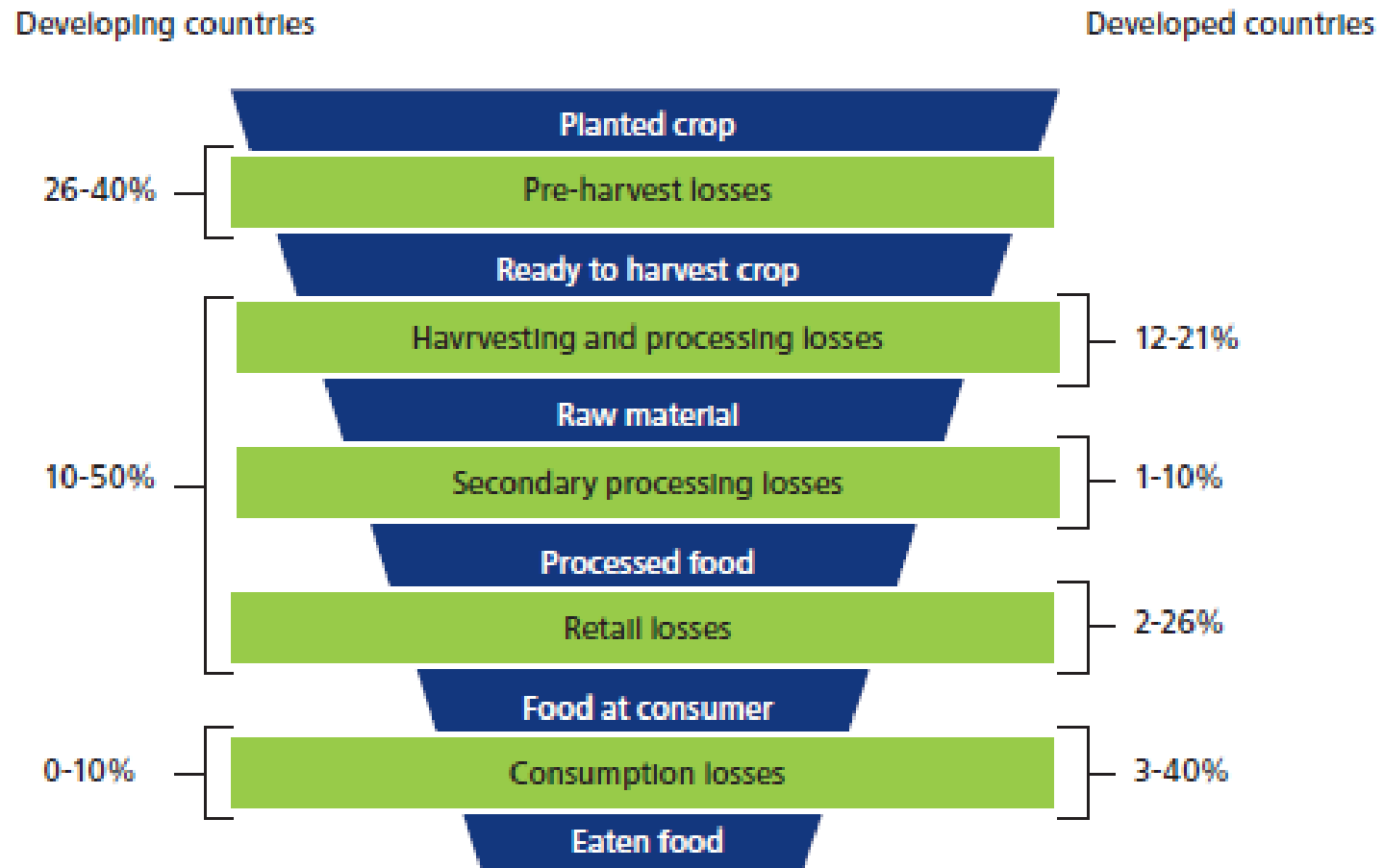
- School lunch programme/ Mid-Day Meal Scheme
- Recipes based on a combination of pulses, cereals, vegetables, spices, and oils



- Potential for nutritious crops to be integrated into recipes to improve the nutrition status of school children
- Potential for replication and scaling-up in ASEAN countries



## 4.2.3. Save Food Initiative



Source: World Economic Forum, Driving Sustainable Consumption

# Save Food Initiative

- Global programme launched by FAO and Messe Düsseldorf at the Interpack2011 trade fair for the packaging and processing industry, held in Düsseldorf, Germany.



- Four main pillars:

1. **Collaboration and coordination**
2. **Awareness raising**
3. **Research**
4. **Support to projects**

- The Royal Thai Government in collaboration with FAO launched the national Save Food Campaign to address food loss and food waste in Thailand. It is the first of its kind in the ASEAN region.

- Video: [Food is Life - Save Food](#)

11/05/2017



**SAVE FOOD ASIA-PACIFIC**  
*Reduce food loss and waste*



## 4.3 Market

# Dual Face of Agrifood Markets

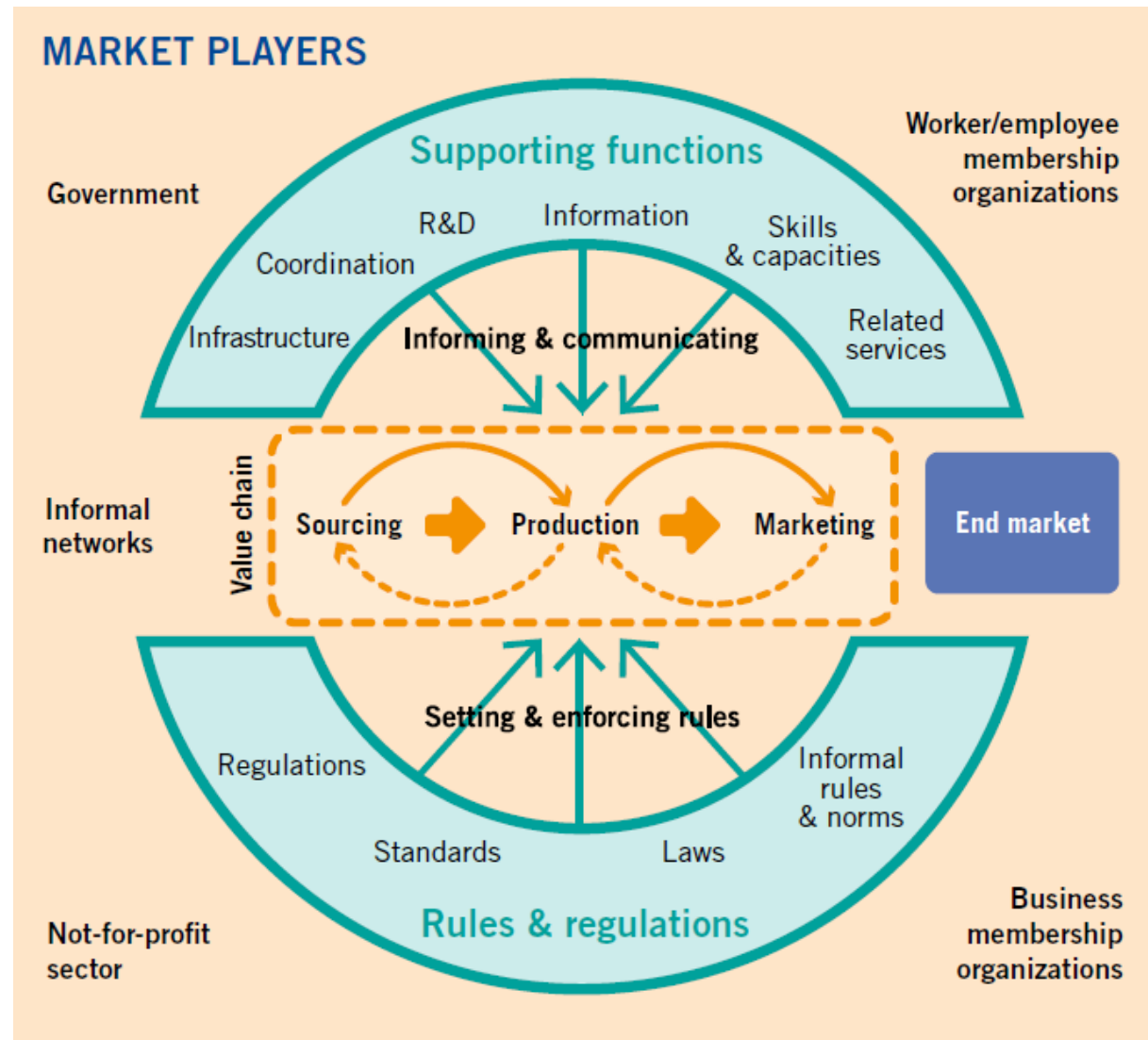
## Enhanced Presence of Modern retailers



## Popularity of Traditional retail markets

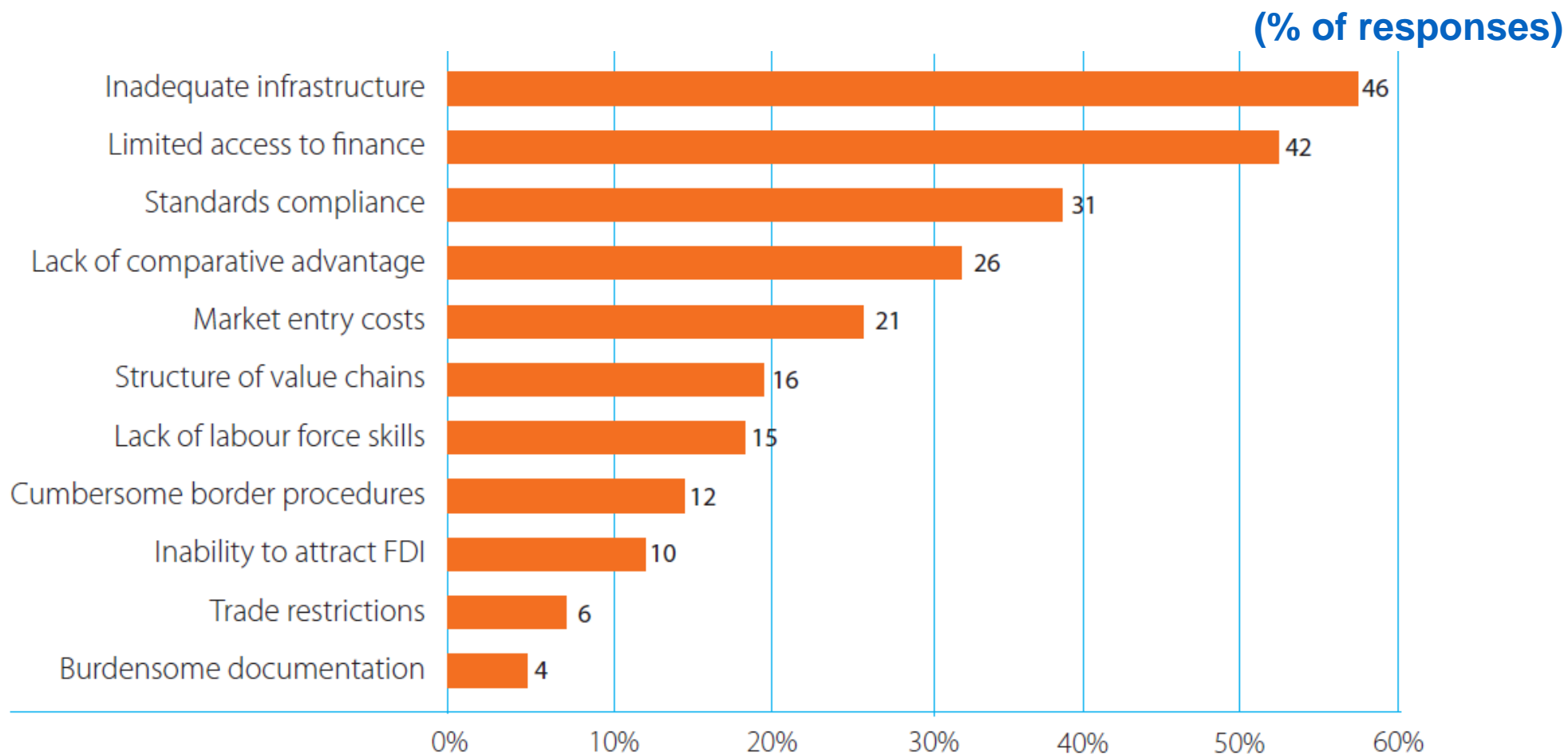


# Market System Framework



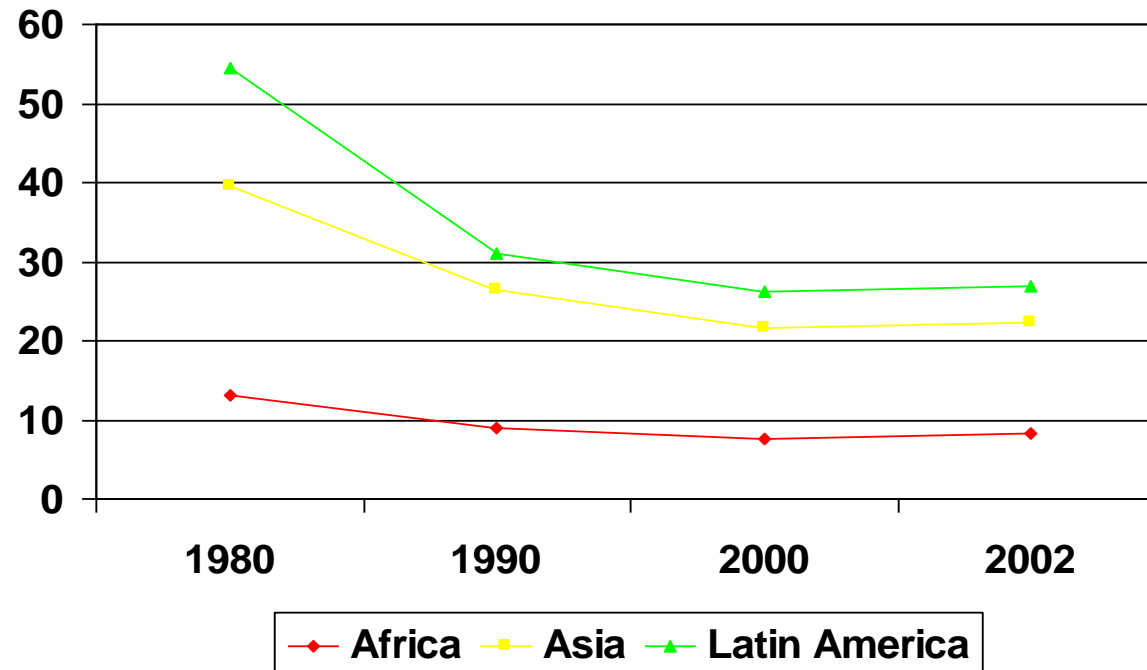


# Survey: Partner Countries' Views on Main Barriers to Firms Entering Value Chains



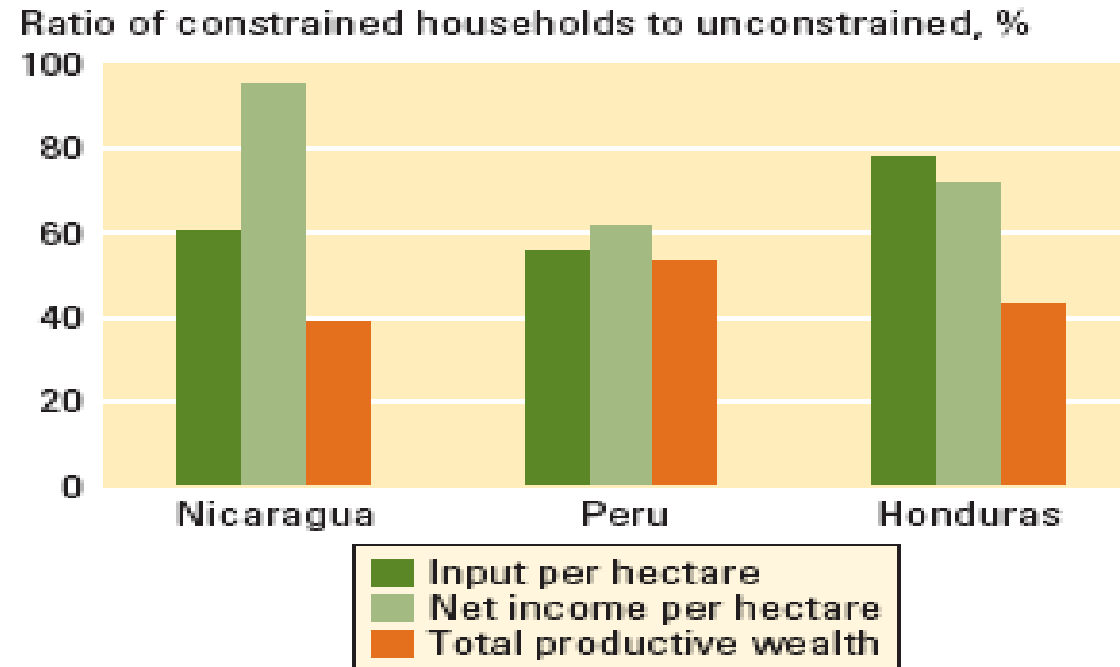
Source: OECD/WTO Questionnaire 2013, [www.aid4trade.org](http://www.aid4trade.org).

# Under-investment in Agriculture and Rural Infrastructure



- Agriculture and rural infrastructure's share of public expenditures have declined significantly

# Limited Access to Finance

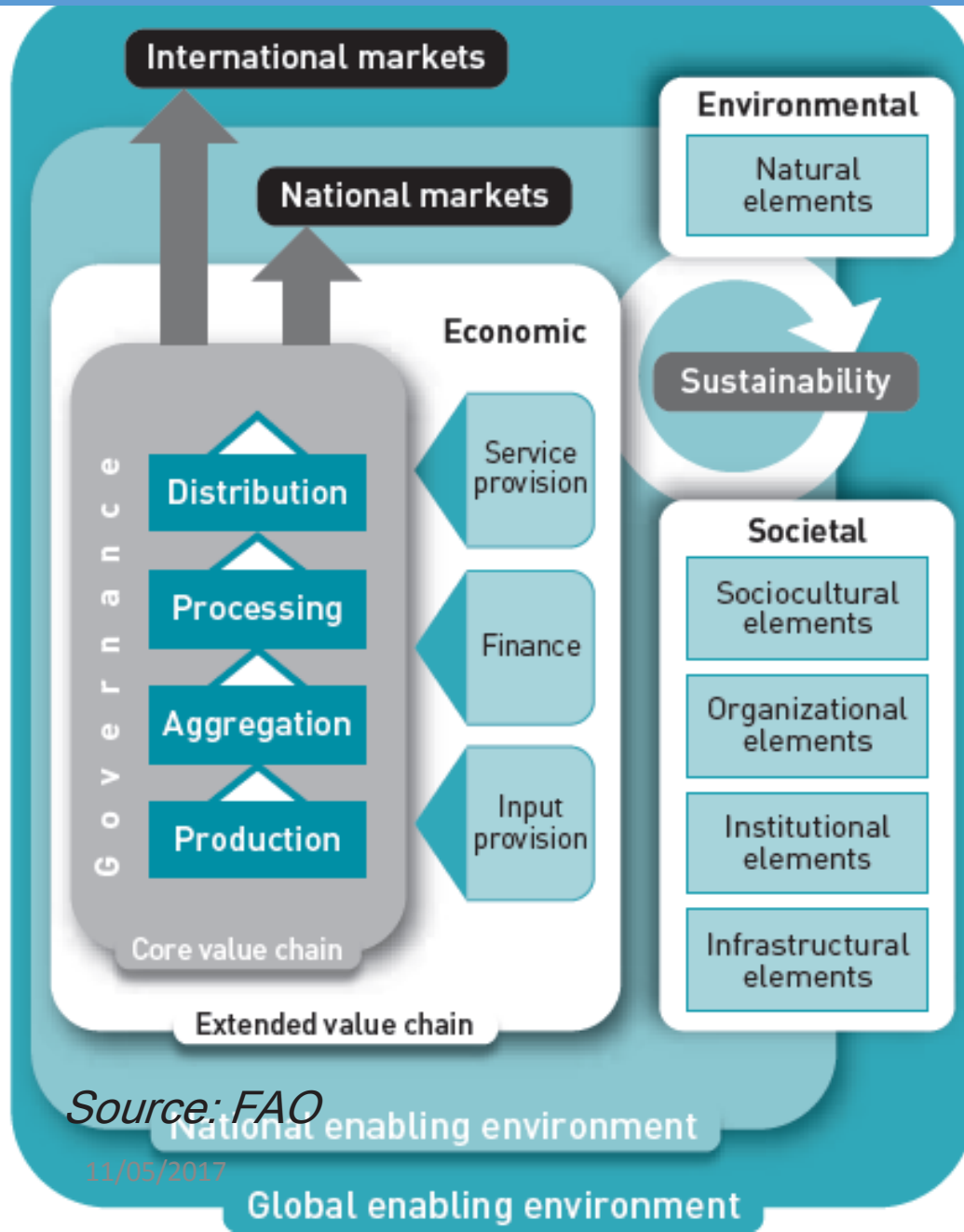


- Credit constrained use less inputs and earn lower incomes
- Credit constraint is often associated with risk rationing as well

# Need to improve efficiency of investment in rural development

	<i>China</i>	<i>India</i>	<i>Thailand</i>	<i>Vietnam</i>	<i>Uganda</i>
<b>Ranking of Returns to Agricultural Production</b>					
Agriculture R&D	1	1	1	1	1
Irrigation	5	4	5	4	
Education	2	3	3	3	3
Roads	3	2	4	2	2
Telecommunications	4				
Electricity	6	8	2		
Health		7			4
Soil and Water Conservation		6			
Anti-Poverty Programs		5			
<b>Ranking of Returns in Poverty Reduction</b>					
Agriculture R&D	2	2	2	3	1
Irrigation	6	7	5	4	
Education	1	3	4	1	3
Roads	3	1	3	2	2
Telecommunications	5				
Electricity	4	8	1		
Health		6			4
Soil and Water Conservation		5			
<b>Anti-Poverty Programs</b>	<b>7</b>	<b>4</b>			

# Building Sustainable Food Value Chain Framework



Source: FAO

11/05/2017

## Institutional Investment

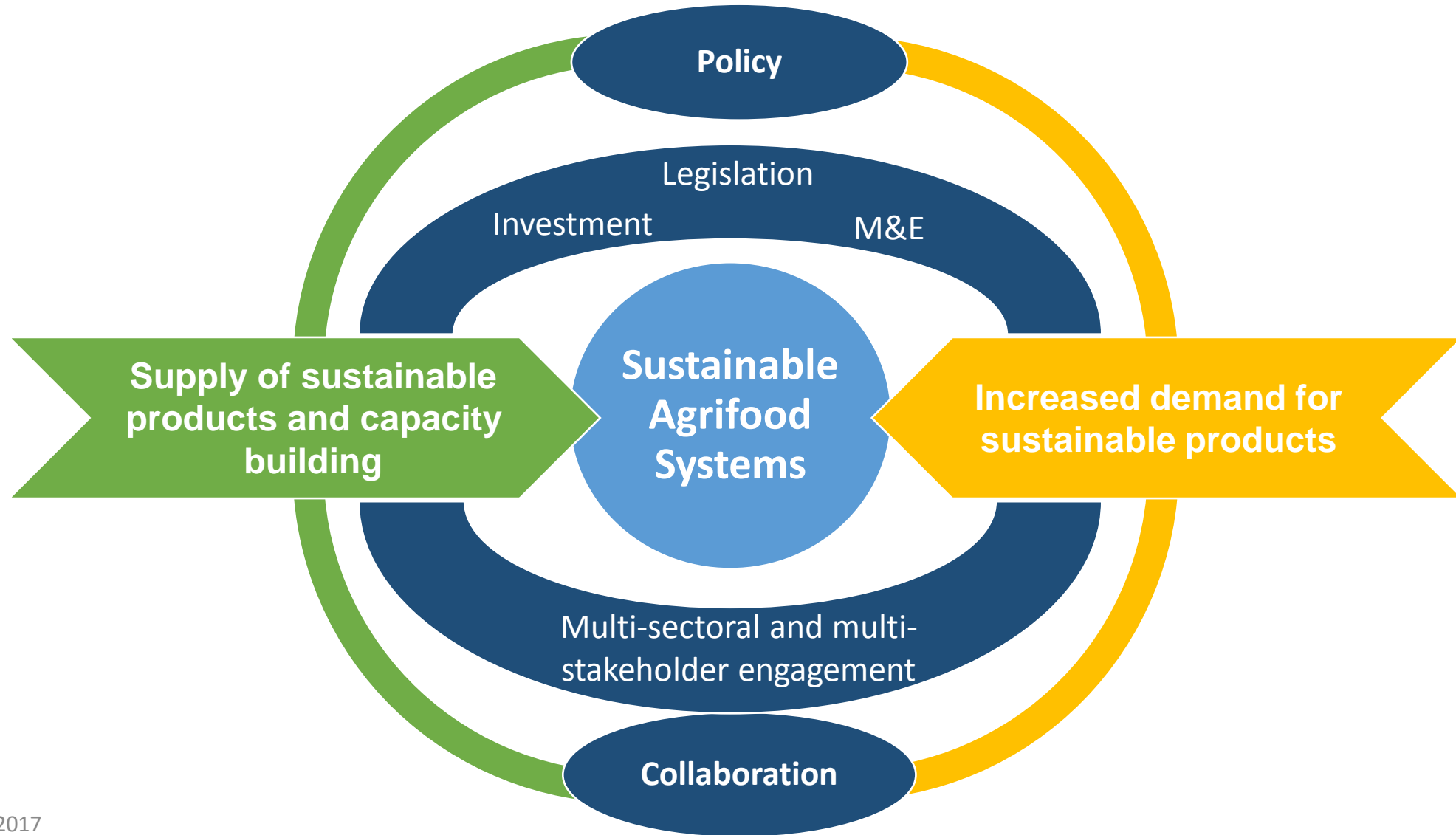
- Business-oriented outreach and knowledge dissemination
- Micro-finance systems
- Crop and climate insurance schemes
- Introduction of Participatory Guarantee System (PGS)

## Private Sector

- Public-Private Partnership (PPP)
- Establish market linkages with smallholders through e.g. contract farming
- Development of and investment in infrastructure for storage, processing, sales, etc.
- Investment in improved transportation systems

# V. Enabling Environment for Sustainable Agrifood Systems

# Enabling Environment: A Theory of Change



# Enabling Environment: Food System Approach



Farmers and Farm  
Enterprises

Processors

Traders

Consumers

Farmer Organizations

Transporters

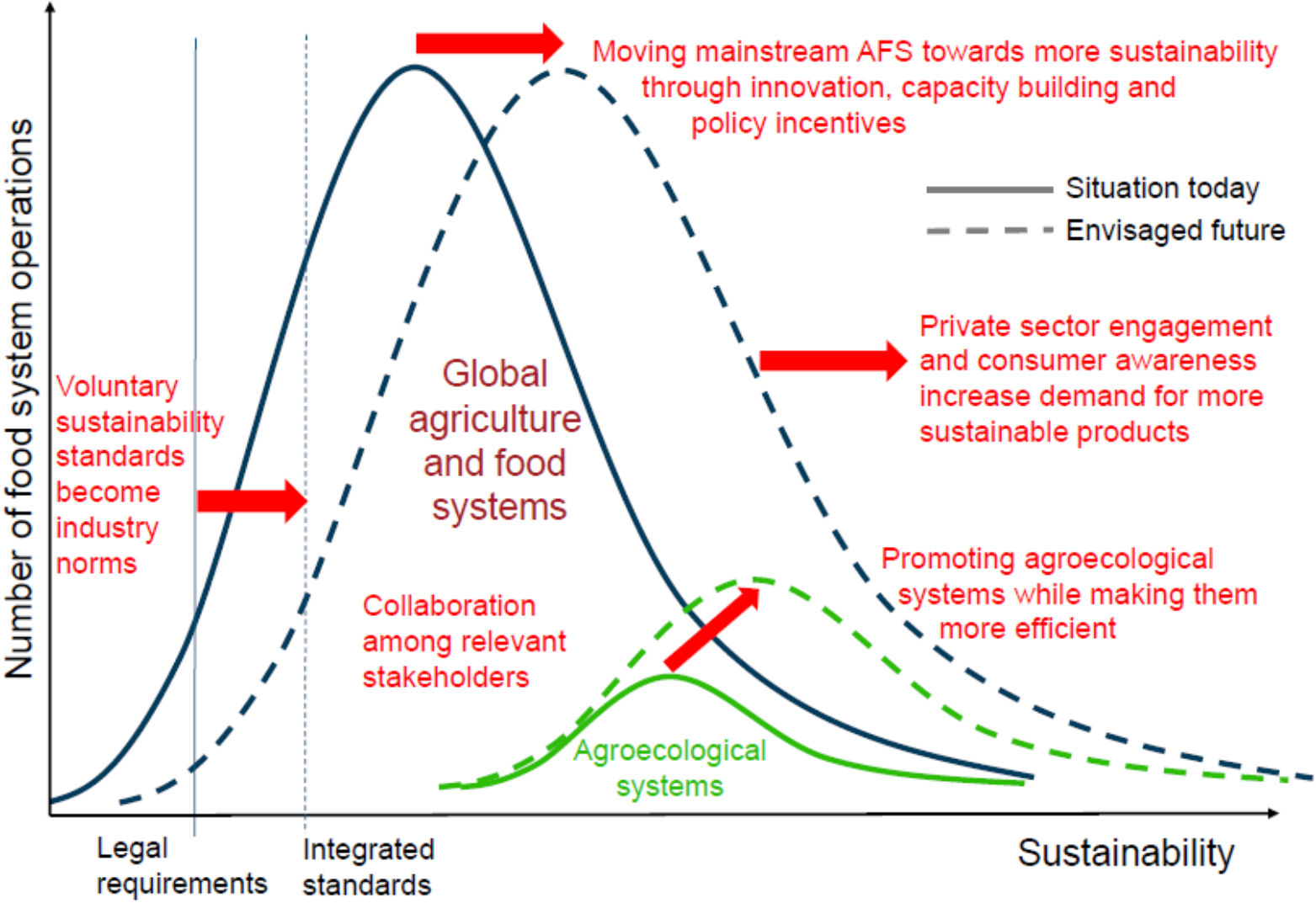
Wholesalers

Warehouses

Retailers



# Shifting Agrifood Systems towards Higher Sustainability



# Thank you!



Food and Agriculture Organization  
of the United Nations